

Name: _____ Date _____

Exam Practice Test #9 during Covid 19 Quarantine

Multiple Choice. Choose the correct answer.

- Which of the following describes an important requirement when providing colostomy care?
 - Use sterile technique when providing care
 - Wear gloves for Standard Precautions
 - Avoid cleansing skin near the stoma
 - Position the resident on the side.
- Areas of the body where bone lies close to the skin is known as
 - Skin folds
 - Pressure Ulcers
 - Skin breakdown
 - Pressure Points
- Which statement is true about the effects of aging?
 - The aging process can be reversed with good health care
 - Bladder incontinence is a normal part of aging
 - Joints tend to be less flexible as a person ages
 - Sensitivity to pain increases with age
- A few minutes before the end of the shift, a resident calls and whispers to the nurse aide, "I had an accident. I wet myself." What should the nurse aide do?
 - Explain that the next shift will assist the resident in a short time
 - Remove any wet clothing and place the resident on a dry under pad
 - Ask if the resident feels very uncomfortable
 - Provide incontinent care to the resident
- "Sundowning" is a term used to describe when residents
 - Take short naps throughout the day
 - Show signs of Alzheimer's at a younger age
 - Prefer to go to bed earlier in the evening
 - Become restless and agitated late in the day
- The normal appearance of urine is
 - Clear
 - Cloudy
 - Dark yellow
 - Strong smelling
- A nurse aide who is new on the unit, observes two residents go into a room and close the door. The nurse aide suspects that the residents are going to have sex. What should the nurse aide do?
 - Check on the residents every few minutes
 - Report the residents' behavior to the charge nurse
 - Ask the nurse if the resident should be medicated
 - Tell the residents that sex is not allowed in the nursing home

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8. A resident who is wearing a hearing aid keeps asking the nurse aide to repeat information. Which of the following actions should the nurse aide do first?
 - (A) Speak loudly and directly into the hearing aid
 - (B) Check that the hearing aid is in the right ear
 - (C) Ask when the hearing aid battery was replaced
 - (D) Make sure the hearing aid is turned on

9. While feeding a resident, the nurse aide notices that the resident is chewing for very long periods of time with each bit of food. What is the appropriate response by the nurse aide?
 - (A) Ask the resident to chew more quickly
 - (B) Use a straw when giving the resident fluids
 - (C) Get a diet change for the resident
 - (D) Stop feeding and ask the nurse to check the resident

10. The nursing home is having a Christmas party. A resident who is Jewish is not interested in attending the party. The nurse aide should
 - (A) Remind the resident how much the resident enjoys parties
 - (B) Encourage the resident to go since so many other residents are attending
 - (C) Respect the resident's decision and ask what the resident would like to do
 - (D) Ask if the resident participated in any activities for the Jewish Hanukah holiday