

Name: \_\_\_\_\_ Date \_\_\_\_\_

## Exam Practice Test #4 during Covid 19 Quarantine

**Multiple Choice.** Choose the correct answer.

1. What is the best reason for giving perineal care to residents?
  - (A) It increases comfort
  - (B) It decreases sexual responses
  - (C) It helps prevent skin breakdown
  - (D) It prevents incontinence
2. A resident has an indwelling catheter. When the resident sits in a wheelchair, where should the nurse aide place the drainage bag?
  - (A) On the floor next to the wheelchair, positioned well below resident's bladder
  - (B) Tucked at the resident's side on the seat of the chair to keep the drainage bag level with the resident's bladder
  - (C) Hung from the back of the wheelchair so that it is out of the resident's view and above the bladder
  - (D) Attached to the seat of the wheelchair, positioned below the level of the resident's bladder
3. Which of the following actions help prevent skin tears?
  - (A) Keeping side rails raised
  - (B) Using less lotion on the skin
  - (C) Sliding the resident up in bed
  - (D) Dressing the resident in long sleeves
4. A resident is restrained. What observation should the nurse aide report to the nurse immediately?
  - (A) The resident states, "I do not like this thing."
  - (B) The resident's position needs to be adjusted
  - (C) The resident has suddenly become agitated
  - (D) The restraint was removed according to the care plan schedule
5. When helping a resident transfer from a bed to a chair, which of the following best demonstrates appropriate safety techniques?
  - (A) Place a gait belt around the resident's waist
  - (B) Position the chair as close to the bed as possible
  - (C) Signal the resident to stand by saying, "1, 2, 3, stand"
  - (D) Follow the transfer technique as described in the care plan
6. A nurse aide is assigned to a resident with Alzheimer's disease. The nurse aide notices that today the resident is restless and is pacing a lot. The resident is also observed rubbing his stomach. The nurse aide should report this change to the nurse and
  - (A) Ask the resident when he last had a bowel movement
  - (B) Check if the resident is hungry or needs to go to the bathroom
  - (C) Try to keep the resident close to observe the resident throughout the shift
  - (D) Allow the resident to move around, as long as he does not harm other residents
7. What should a nurse aide do with a used disposable razor?
  - (A) Throw the razor away in a trash can
  - (B) Place the razor in a "sharps" container immediately
  - (C) Clean, rinse, and dry the razor so that it can be used again
  - (D) Wrap the razor in a paper towel until it can be thrown away

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8. Which action is most helpful to decrease a resident's incontinence?
  - (A) Leaving the bedpan in place for extra time
  - (B) Putting an incontinent brief on the resident
  - (C) Answering the resident's call light quickly
  - (D) Controlling fluid intake throughout the day
  
9. When preparing to shower a resident, what should the nurse aide do next after checking the water temperature?
  - (A) Give the resident a washcloth to hold
  - (B) Suggest the resident wash his or her face
  - (C) Have the resident check the water temperature
  - (D) Check to see if the resident wants a full or partial shower
  
10. Which of the following is generally experienced by a resident with low blood sugar?
  - (A) Fever
  - (B) Weakness
  - (C) Sour breath
  - (D) Frequent urination