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PRESS RELEASE: CABRINI OF WESTCHESTER BECOMES A MEMBER OF THE CARMELITE SYSTEM

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FOR IMMEDIATE RELEASE: (Dobbs Ferry, NY, July 23, 2025) Cabrini of Westchester (COW) is pleased to announce that it has become a member of the Carmelite System, a nation-wide organization of nursing homes, assisted living and independent living communities, sponsored by the Carmelite Sisters of the Aged and Infirm. As the newest member of the system, Cabrini of Westchester will continue to advance its mission of compassionate elder care while maintaining the principles established and nurtured since the organization was founded in 1973 by the Missionary Sisters of the Sacred Heart of Jesus.

Over the past several years there have been many closures and sales of not-for-profit, and faith-based nursing homes throughout New York and the nation. Cabrini of Westchester recognized the risk of being a single, unaffiliated facility in a time of such challenges as inflation, rising labor costs, and inadequate Medicaid reimbursement for the care of our residents. COW also recognized that as part of a larger entity such as the Carmelite System, the opportunities for support, and economies and efficiencies of scale are available to decrease the effects of these and other concerns the home has experienced over the years. This is not a sale of Cabrini of Westchester but rather a membership in an organization with the same mission and values.

Remaining a faith-based organization was essential in making this decision. The Missionary Sisters of the Sacred Heart of Jesus have sponsored and served as the corporate members of St. Cabrini Nursing Home for more than fifty years and they deeply desired that it continue to operate in the Catholic tradition and to provide the excellent care for which it is known. The Cabrini Sisters will remain involved in the through Board participation and by their presence on site as volunteers in Pastoral Care and other activities.

“We are grateful for the opportunity to become a member of the Carmelite System, which will ensure that Cabrini of Westchester continues to provide exceptional eldercare to the residents that we are so privileged to serve,” said Bonita Burke, Chief Executive Officer and Nursing Home Administrator of Cabrini of Westchester. “With this transition of sponsorship, Cabrini of Westchester will remain fully aligned with a Catholic senior care organization capable of advancing our mission while retaining our core identity and culture.”

About Cabrini of Westchester:

Cabrini of Westchester is a not-for-profit ministry sponsored by the Carmelite Sisters for the Aged and Infirm and is dedicated to caring for people of all faiths through programs and services which promote independence, dignity, and well-being. A 304-bed facility, Cabrini of Westchester offers short-term rehabilitation, sub-acute care, respite care, skilled nursing care, palliative care, Alzheimer’s and dementia care, pastoral care and home care throughout Westchester County and the Bronx. For more information about Cabrini of Westchester or to support its mission, please call (914) 693-6800 x 502 or visit www.cabrini-eldercare.org.

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About The Carmelite System:

The Carmelite System, a Catholic not-for-profit health system sponsored by the Carmelite Sisters for the Aged and Infirm, consists of senior care facilities that provide services to the aged and infirm. The Carmelite System, headquartered in Germantown, New York, focuses on system-wide coordination and collaboration to foster mission, enhance quality and attain operational efficiencies. Services such as mission effectiveness, quality improvement, financial and business services, group purchasing, management of information services, strategic planning, public policy, and education are provided. Member facilities located in Florida, Illinois, Iowa, Kentucky, Massachusetts, New York, Ohio, and Dublin, Ireland provide senior care services, including skilled nursing, assisted living, independent living and post-acute care.

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