FOR IMMEDIATE RELEASE

Contact: Brian Zeidan
The Baptist Home at Brookmeade
845-876-2701
bzeidan@brookmeadecommunity.org

S.A.S.S – Soup & Sandwich Social for Seniors

New Program launches for Seniors: Fun, Food, and Friends.

Rhinebeck, NY - Brookmeade Community is pleased to announce the success of its new program, S.A.S.S (Soup and Sandwich Social for Seniors), aimed at providing a fun and healthy activity for seniors in the community. The first event was held on April 6th, 2023, from 11:30 am to 1 pm at The Pavilion at Brookmeade Community, located at 34 Brookmeade Drive, Rhinebeck NY 12572.

The S.A.S.S program was designed to address common issues that occur as we age, such as missing nutritious meals, proper hydration, and opportunities for socialization. The event was well-received by seniors in the community, who were provided with a fun and social event, along with proper nutrition and hydration, offering complimentary soup and half sandwiches.

The menu for the first event included a choice of either Cream of Asparagus or Minestrone soup and either BLT or Chicken Salad Sandwiches, all prepared by Brookmeade Community's Culinary Institute of America trained Executive Chef. The high-quality and nutritious meals provided seniors with the necessary nourishment for better cognitive and physical health outcomes.

"We were thrilled to see so many seniors come out and enjoy great food, while spending time with others from the community," said Karen Zobel, CEO & Community Administrator of Brookmeade

Community. "S.A.S.S is a program designed to promote socialization, health, and wellness. It is an opportunity for seniors to meet new friends and reconnect with old ones while enjoying a delicious meal prepared by our chef."

The first event was sponsored by the Brookmeade Community Foundation, with donations welcomed. The program will continue on a monthly basis, and interested sponsors and those interested in becoming a volunteer server can contact info@brookmeadecommunity.org to learn how they can get involved.

"We are excited to continue offering S.A.S.S and provide seniors in our community with an opportunity to socialize and connect with their friends, neighbors and loved ones through a fun activity," said Brian Zeidan, Program Director of Meadow's Adult Day Healthcare Program. "We understand the importance of combating isolation and promoting proper nutrition and hydration among seniors, and we are committed to serving our community in this way."

S.A.S.S is just one of many programs offered by Brookmeade Community. For more information on S.A.S.S and other programs offered by Brookmeade Community, please email info@brookmeadecommunity.org or follow their Facebook page: Brookmeade Community.

About Brookmeade Community

Brookmeade Community is a not-for-profit healthcare community, offering a variety of services including Meadows for Skilled Nursing and rehabilitation, The Terraces for Assisted Living, Arbor Ridge for independent living, and Meadows Adult Day Healthcare program for those that need daytime assistance. Brookmeade Community is committed to providing exceptional care and services to seniors in the community.

THE COMMUNITY AT
BROOKMEADE

S.A.S.S
Soup And Sandwich Social for Seniors

This Event is Sponsored by Brookmeade Foundation

April 6th, 2023
11:30am-1:00pm

Choice of: Soup & 1/2 sandwich
Cream of Asparagus OR
Minestrone Soup
and
BLT OR
Chicken Salad Sandwich

R.S.V.P

info@brookmeadecommunity.org

34 Brookmeade Dr, Rhinebeck, NY

*Menu subject to change without notice * no substitutes

S.A.S.S meets the first Thursday of every month from 11:30am-1:00pm

THE COMMUNITY AT
BROOKMEADE
TERRACES

LOVE
HAPPINESS
MUSIC LAKES FREEDOM

10
Menu
Cream of Asparagus OR
Minestrone Soup
and
BLT OR
Chicken Salad Sandwich

EXIT

THE COMMUNITY AT
BROOKMEADE
Arbor Ridge
THE TERRACES
Meadows
The Pavilion

Menu
S.A.S.S 4/6/23
Choice of:
Soup & 1/2 sandwich
Cream of Asparagus OR
Minestrone Soup
and
BLT OR
Chicken Salad Sandwich
BROOKMEADE