



HPCANYS is offering a
Complimentary Webinar for Caregivers
On Tuesday, February 21, 2023
1:00pm – 2:00pm
Led by
ARCHANGELS™

Almost half of us in the US are caring for someone. It can be an honor... and it can also get really intense, spilling over into all areas of our lives. Financial stress? Check. Relationship stress? Check. It can even affect our health. And that intensity is even higher for 'double duty' caregivers – those caring at work AND caring for a loved one at home. Sound familiar?

Join us on February 21, 2023, at 1pm for a webinar with [ARCHANGELS](#) Co-founder and CEO, Alexandra Drane, as part of Any Care Counts – New York*, a campaign designed to celebrate, validate, and support the estimated 4.1 million unpaid caregivers across New York State.

We'll talk about how caregiving is universal, how it doesn't always look like we think, and what we can all do for ourselves and each other to address the intensity so many of us are experiencing, starting with just understanding we're not alone in it.

[Email here to register.](#) And if you'd like, before the event you can get your own Intensity Score from ARCHANGELS. Take the quiz [here](#).

*Any Care Count – New York is sponsored by ARCHANGELS, in collaboration with The New York State Office for the Aging (NYSOFA), the Association on Aging NY (Aging-NY) and the [Ralph C. Wilson Jr. Foundation](#)

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