

Resources for Developing Evidence-Based Standards of Care
Prepared June 28, 2012, Updated March 29, 2013

Regulatory Manuals

Long Term Care State Operations Manual

The CMS Online Manual System:

<https://www.cms.gov/Regulations-and-Guidance/Guidance/Manuals/>

Appendix P - Survey Protocol for Long Term Care Facilities - Part I:

http://www.cms.gov/Regulations-and-Guidance/Guidance/Manuals/downloads/som107ap_p_ltcf.pdf

Appendix PP - Guidance to Surveyors for Long Term Care Facilities

<http://www.globalaging.org/health/us/2005/unnecessary%20drug.pdf>

RAI Users Manual (2012):

<http://www.cms.gov/Medicare/Quality-Initiatives-Patient-Assessment-Instruments/NursingHomeQualityInits/MDS30RAIManual.html>

From MDS 3.0 RAI Provider Manual: Therefore, it is recommended that the facility's IDT members collaborate with the medical director to identify current evidence-based or expert-endorsed resources and standards of practice that they will use for the expanded assessments and analyses that may be needed to adequately address triggered areas. The facility should be able to provide surveyors the resources that they have used upon request as part of the survey review process.

In Appendix C, CMS has provided CAA resources that facilities may choose to use but that are neither mandatory nor endorsed by the government. Please note that Appendix C does not provide an all-inclusive list.

Appendix C Resources

- **Advancing Excellence in America's Nursing Homes Resources:**
http://www.nhqualitycampaign.org/star_index.aspx?controls=resImplementationGuides
- **<Updated!> Agency for Health Care Research and Quality – National Guideline Clearinghouse, Guidelines by Topic:** <http://www.guideline.gov/browse/by-topic.aspx>
- **Alzheimer's Association Resources:** http://www.alz.org/professionals_and_researchers_14899.asp#professional
- **American Dietetic Association – Individualized Nutrition Approaches for Older Adults in Health Care Communities (PDF Version):** <http://www.eatright.org/About/Content.aspx?id=8373>
- **American Geriatrics Society Clinical Practice Guidelines and Tools:**
http://www.americangeriatrics.org/health_care_professionals/clinical_practice/featured_programs_products/
- **American Medical Directors Association (AMDA) Clinical Practice Guidelines and Tools:**
<http://www.amda.com/tools>
- **American Pain Society:** http://www.ampainsoc.org/pub/cp_guidelines.htm

- **American Society of Consultant Pharmacists Practice Resources:** <http://www.ascp.com/articles/professional-development/clinical-practice-resources>
- **Association for Professionals in Infection Control and Epidemiology Practice Resources:** <http://www.apic.org/AM/Template.cfm?Section=Practice>
- **Centers for Disease Control and Prevention: Infection Control in Long-Term Care Facilities Guidelines:** http://www.cdc.gov/ncidod/dhqp/gl_longterm_care.html
- **CMS Pub. 100-07 State Operations Manual Appendix PP – Guidance to Surveyors for Long Term Care Facilities (federal regulations noted throughout; resources provided in endnotes):** http://cms.gov/manuals/Downloads/som107ap_pp_guidelines_ltcf.pdf
- **Emerging Solutions in Pain Tools:** <http://www.emergingsolutionsinpain.com/>
- **Hartford Institute for Geriatric Nursing Access to Important Geriatric Tools:** <http://www.hartfordign.org/resources>
- **Hartford Institute for Geriatric Nursing Evidence-Based Geriatric Content:** <http://www.hartfordign.org/practice/consultgerirn/>
- **Improving Nursing Home Culture (CMS Special Study):** http://www.qualitypartnersri.org/2/Site/CustomFiles/Qty_DocMgr/ImprovingNursingHomeCultureFinalReport.pdf
- **Institute for Safe Medication Practices:** <http://www.ismp.org/>
- **Quality Improvement Organizations:** <https://www.qualitynet.org/dcs/ContentServer?pagename=Medqic/MQGeneralPage/GeneralPageTemplate&name=QIO%20Listings>

Websites

American Association of Nursing Assessment Coordinators: www.aanac.org

American Medical Directors Association (AMDA) Clinical Practice Guidelines and Tools: www.amda.com/tools

<Added!>American Therapeutic Recreation Association: www.atra-online.com

Careplans.com: www.Careplans.com

Geriatric Nursing Resources for Care of Older Adults: www.ConsultGeriRn.org

Hartford Institute for Geriatric Nursing: www.hartfordign.org

<Added!>National Council for Therapeutic Recreation Certification: www.nctrc.org

National Gerontological Nursing Association: www.ngna.org

National Guideline Clearinghouse: www.guidelines.gov

Books

Long Term Care Nursing Desk Reference, Second Edition, by Barbara Acello, RN, MSN
Publication Date: **February 18, 2009** | ISBN-10: **1601462751** | ISBN-13: **978-1601462756** |