

Name: _____ Date _____

Exam Practice Test #14 during Covid 19 Quarantine

Multiple Choice. Choose the correct answer.

1. While bathing a resident who is comatose, the nurse aide notices a reddened area on the left hip. Once reported, the charge nurse is likely to request that the nurse aide
 - (A) Massage the area using lotion
 - (B) Apply a dry protective dressing over the area
 - (C) Keep the resident positioned to avoid pressure on the hip
 - (D) Cleanse the hip using extra soap, then rinse and dry thoroughly
2. When a resident has an indwelling urinary catheter, the nurse aide should expect that the resident's care plan will include
 - (A) Limiting activity by keeping the resident on bedrest
 - (B) Emptying the urinary drainage bag every two-hours
 - (C) Keeping the area where the catheter enters the body clean
 - (D) Toileting the resident every two hours for bladder training
3. The care plan requires that the resident be ambulated 100 feet twice a day at 10a.m. and at 2p.m. When the nurse aide arrives to walk the resident at 10a.m., the resident refuses. Which of the following is the best response by the nurse aide?
 - (A) "Maybe you can plan to walk a little further this afternoon."
 - (B) "The doctor ordered your walking exercise. You really need to try."
 - (C) "You have the right to refuse. Do you want me to tell the nurse?"
 - (D) "Would you prefer to walk a little later?"
4. A nurse aide enters a room to help the resident to the bathroom. A trash can in the room is on fire. What would the nurse aide do next after removing the resident from danger?
 - (A) Use the resident's pitcher of water to put out the fire
 - (B) Open the window to get the smoke out
 - (C) Yell "Fire!" along with the room number
 - (D) Activate the alarm
5. A resident's hands shake when trying to drink liquids, causing the liquids to spill. What is the best response by the nurse aide?
 - (A) Thicken the liquid so it will not spill
 - (B) Place the clothing protector on the resident
 - (C) Seat the resident with other residents who also spill
 - (D) Suggest that the resident might do well with a cup with a lid
6. The nurse aide notices that a resident with dementia keeps walking over to the piano, pausing there, touching the piano, and then walking away only to return again. Which of the following is the best action for the nurse aide to take?
 - (A) Take the resident back to the resident's room
 - (B) Distract the resident by asking about the resident's family
 - (C) Invite the resident to sit down at the piano with the nurse aide
 - (D) Ask the activity director to find something for the resident to do

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7. A resident says she is 5 feet 6 inches tall. When the nurse aide measures the resident's height, the resident is 5 feet 4 inches. What should the nurse aide do?
 - (A) Record the resident's height as 5 feet 4 inches.
 - (B) Record the resident's height as 5 feet 6 inches
 - (C) Explain that older people shrink with aging
 - (D) Measure the resident again

8. A resident reports having a very large bowel movement two days ago. What should the nurse aide do first?
 - (A) Report this to the charge nurse
 - (B) Ask if this is a normal pattern for the resident's body
 - (C) Suggest the resident drink more water and increase foods with fiber
 - (D) Check if the resident is getting a medication to help with bowel movements

9. It is most important for the nurse aide to check the temperature of the water before
 - (A) Assisting the resident with mouth care
 - (B) Soaking the resident's feet for foot care
 - (C) Giving the resident a bed bath
 - (D) Washing hands

10. While performing range of motion exercises, the nurse aide notices that the resident's elbow is stiff and will not bend. The nurse aide should
 - (A) Continue exercises but move onto another joint
 - (B) Continue since stiff joints are a normal part of aging
 - (C) Apply very gentle pressure to try to bend the elbow slightly
 - (D) Suggest the resident see a physical therapist for the elbow