

# Press Release

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## Joe Chevrette and Ryan Blehar Honored as 40 Under Forty Winners

**Syracuse, NY, 11/18/22** – Two of Nascentia Health’s young leaders, Joe Chevrette and Ryan Blehar, were recognized by the Central New York Business Journal’s annual 40 under Forty awards for 2022 at an award ceremony November 10 in Syracuse. This awards competition recognizes individuals under 40 years of age who have made significant accomplishments in their careers and have contributed to the community through leadership and giving back. Nascentia is proud to be the only organization with two employees selected for awards this year.

Joe Chevrette is vice president of information security and technology. He joined Nascentia in 2017 has developed or participated in all of Nascentia's IT and cybersecurity policies, procedures, and plans including a revolutionary security awareness program that has helped harden the company against threats and data breaches. On a daily basis, he manages a team of three technicians and oversees Nascentia's entire network, physical/virtual infrastructure, cybersecurity program, IT operations, and projects spanning 9 locations and 500 employees. Nascentia Health COO Cheryl Manna commented that, “During COVID, Joe took ownership of keeping the company running under unprecedented circumstances.”

Ryan Blehar is vice president of human resources. He joined Nascentia in 2012, taking over the company’s employee engagement program, orientation process, training curriculum, and project management of numerous initiatives. Ryan initiated Nascentia University, which engages leaders from across the company to teach about their area of expertise to emerging leaders. He teaches many of the courses himself to help new managers grow their skills. He created a mentoring program to assist with succession planning and development of our staff, which is especially valuable to our nurses, who benefit through improved clinical skills. Nascentia Health CFO Buzz Ariglio says that Ryan “recognizes the talent in his staff and empowers them to take ownership of their role while he helps them grow and evolve as professionals.”

Nascentia Health is one of Central New York’s largest home healthcare agencies, offering in-home skilled nursing and therapies, home health aides, managed long-term care, and Medicare Advantage Plans. Founded in Syracuse in 1890, the agency has more than 130 years of expertise in home care and more than 500 employees in offices in Syracuse, Rome, Rochester, Buffalo, and Albany. Learn more at [nascentiahealth.org](http://nascentiahealth.org).

