



## Assisted Living Resident Nancy Flowers Celebrates 100<sup>th</sup> Birthday



*Nancy Flowers (center) is joined by loved ones and members of the VillageCare leadership in a recent photo. She recently celebrated her 100th birthday.*

Nancy Flowers recently celebrated her 100th birthday surrounded by friends and loved ones. Nancy, a 6-year resident at VillageCare at 46 & Ten, has lived an adventurous and vibrant life filled with remarkable stories.

Throughout Nancy's life, she has remained curious about the world with ambitious goals. A former professor at Hunter College, Nancy shares anecdotes and experiences from her travels to Brazil where she studied and lived in an Amazon Village among the Xavante Indians. At the age of 50, Nancy challenged herself and pursued a PhD degree. By the age of 75, Nancy continued to push the envelope and authored a number of books – including a published book of her photographs from the Amazon.

Nancy remains excited about life and enjoys visiting the 46 & Ten terrace where she admires the garden and keeping up with current affairs. In true Nancy fashion, she is looking forward to exercising her right to vote in this upcoming election.

We celebrate Nancy and her wonderful contributions to society and wish her a Happy Birthday.

### **About 46 & Ten**

*Located in Midtown Manhattan, VillageCare at 46 & Ten is an Assisted Living Program (ALP) that respects the independence and privacy of its residents, while providing excellent personal care services that foster comfort and caring. 46 & Ten is an established community offering safety and security in an environment where seniors find companions and activities that enhance their lifestyle. Additionally, a Registered Nurse is available to complete nursing assessments and to develop a personalized Plan of Care to ensure that all residents' needs are met.*