



For Immediate
August 28, 2017

Release:

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Survey Finds New Yorkers are Concerned About Growing Older and Their Options for Care

LeadingAgeNY Urges New Yorkers to Visit LiveYoungAtHeart.org

As New Yorkers flock to the Great New York State Fair on Senior Day, LeadingAge New York – a well-regarded advocate for more than 600 senior care providers – released several key facts from a survey of thoughts held by state residents age 50 and older regarding long-term care.

The survey, conducted recently by the Siena College Research Institute, identified the following:

- As they age, more than 80 percent of those surveyed prefer to continue residing in their own home, 27 percent expressed a desire to live with family or friends; and only 21 percent would choose to live in a nursing home;
- If unable to live independently, 51 percent preferred to live in a campus like setting at which various levels of care are available on a progressive basis; and
- Financial security is the number one concern about aging for New Yorkers.

James W. Clyne Jr., president of LeadingAge New York said: “Although the national health care debate produces a diversity of opinions, New Yorkers have clear preferences regarding the type of care they are seeking as they age. Unfortunately, many New Yorkers are not prepared to make informed decisions, and too many will not possess the financial resources needed for the care they seek.”

LeadingAge New York has recently launched an effort to help those making decisions about their various options and life-style choices as they age.

“There are so many questions facing seniors and their families as we age,” Clyne said. “It is our hope to be a resource and simplify what can be a complex and confusing process through our Young at Heart initiative.”

New Yorkers are encouraged to connect with LeadingAge New York’s Young At Heart initiative online:

Website: www.liveyoungatheart.org
Twitter: [@YoungAtHeartNY](https://twitter.com/YoungAtHeartNY)
Facebook: [@LiveYoungAtHeartAlways](https://www.facebook.com/LiveYoungAtHeartAlways)

SENIOR LIVING SITUATION

As you consider growing older and becoming less able to care for yourself, how likely is it that you would choose to live in each of the following situations?

Type of housing



Stay in existing home

82%

16%

2%

HOUSING PREFERENCES

Assuming you reached a point where you could no longer live independently, would you prefer to live:

In a campus-like setting at which various levels of care are available on a progressive basis

51%



In a stand-alone facility located in a mixed use neighborhood that specializes in one level of care

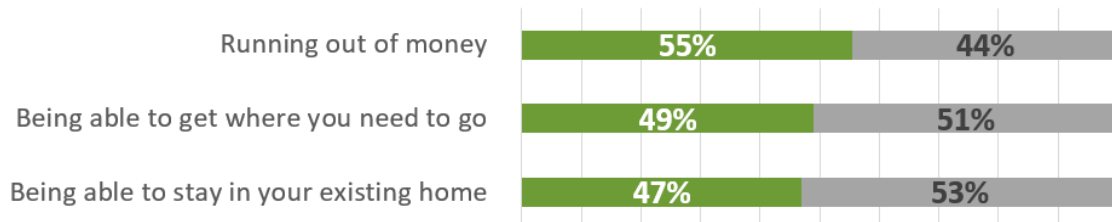
25%



CONCERNS ABOUT AGING

To what degree is each of the following a concern that you have for yourself as you think about aging?

■ Concern ■ No concern



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LeadingAge New York is the only statewide organization representing the entire continuum of not-for-profit, mission-driven, and public continuing care, including senior housing, nursing home, adult care facility, continuing care retirement community, assisted living, home care, and adult day care and community services providers. LeadingAge New York represents over 600 organizations dedicated to expanding the world of possibilities for aging. We advance policies, promote practices and conduct research that supports, enables and empowers people to live fully as they age.