



# FIELDHOME

*A Community of Caring Services*



ALZHEIMER'S FOUNDATION  
OF AMERICA

## National Memory Screening Day® 2013

Tuesday, November 19<sup>th</sup>, at The Seabury at Fieldhome



“If you think you may have either hereditary memory loss issues or other questions about yourself that can be evaluated by professionals in the field, or even just to get a baseline, The Seabury at Fieldhome is offering this wonderful opportunity in my district to get a free, confidential screening. I encourage anyone 65 and above to consider taking advantage of this proactive program because some memory loss problems can now be treated or delayed,”

—Assemblywoman Sandy Galef

CORTLANDT MANOR, NY, NOV. 4, 2013 — As part of National Memory Screening Day, an annual initiative of the Alzheimer's Foundation of America (AFA), **The Seabury at Fieldhome will give free, confidential memory screenings on Tuesday, November 19<sup>th</sup>, from 11:00 a.m. to 2:00 p.m.**

Qualified healthcare professionals will administer the memory screenings and provide educational materials about memory concerns, brain health and caregiving. The face-to-face screenings consist of a series of questions and tasks, and take five to 10 minutes to administer.

AFA suggests memory screenings for anyone concerned about memory loss or experiencing warning signs of dementia; whose family and friends have noticed changes in them; who believe they are at risk due to a family history of dementia; or who want to see how their memory is now and for future comparisons.

Screeners emphasize that results are not a diagnosis, and encourage individuals who score poorly as well as those who still have concerns to pursue a full medical examination. Some memory problems, like those caused by vitamin deficiencies or thyroid issues, are readily treatable and even curable. Others might be due to Alzheimer's disease or a related dementia. Warning signs of Alzheimer's disease include

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forgetting people's names and events, asking repetitive questions, loss of verbal or written skills, confusion and personality changes.

FIELDHOME is a not-for-profit community of caring services that includes The Seabury, a luxury assisted living and memory support residence; Field Home – Holy Comforter, a rehabilitation treatment center and skilled nursing facility; and The Early Learning Center, a licensed child care center. Fieldhome is currently in the process of adding an Adult Day Care Program and a new, independent living community, Stone Ridge, to its community.

**To schedule a memory screening or for more information**

Contact Patti Lavan Horvath  
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**For more information about National Memory Screening Day**

Visit [www.natinalmemoryscreening.org](http://www.natinalmemoryscreening.org).

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