

- Any fellow, facilitator or coach experiencing what could be COVID symptoms, should wear a mask and test. If the test is positive, the individual should remove themselves from the program immediately. If you are not feeling well enough to travel, please contact a facilitator or coach and we will help make arrangements for you.
- If you test positive for COVID prior to an in-person session, the following protocol should be followed (the day of your positive test is day 0):
 - If it has been less than five days since your positive test, you will need to miss the program. Please contact Diane Darbyshire as soon as possible after your positive test.
 - If it has been more than five days but less than seven, you should perform a rapid antigen test. If it is still positive, you will need to miss the program.
 - If the test is negative, OR it has been seven or more days since your positive test, you may participate in the program if your symptoms are substantially resolved and you have been fever free for at least 24 hours without the aid of medication.
 - In either case, you should wear a well-fitting high quality mask through day 10.
 - You should be masked at all times around others, which means you cannot participate in meals with other attendees. We will arrange a place for you to eat that is physically distant from others in the program.
 - Your participation in some of the activities during the session may be modified to ensure the protection of individuals served by our host sites.

In addition to the above, we will adhere to the policies of our host sites, which may be more stringent.

- If you test positive for COVID in the days following a session, please alert us so that those that may have been exposed can be aware.
- This policy may be updated to reflect any new guidance that may be issued by DOH, CDC, or CMS. Any changes will be communicated to you.

If you have any questions, or if you need to discuss your specific situation, please contact Diane Darbyshire at ddarbyshire@leadingagency.org or 518-867-8828.