

## Home and Community-Based Service Options for Older Adults and Adults with Disabilities \*

### January 2021

\*This matrix does not include services intended primarily to address the cognitive or behavioral health needs of persons with developmental disabilities, serious mental illness or substance use disorders.

Provider/ Program	Services	Eligibility	Reimbursement <sup>1,2</sup>	More Information
<b>Adult Day Health Care (ADHC)</b>	<ul style="list-style-type: none"> <li>• Skilled nursing</li> <li>• Medical, diagnostic, and social work services</li> <li>• Medication management, pharmaceutical review</li> <li>• Case and clinical management</li> <li>• Nutrition</li> <li>• Health Education</li> <li>• Personal care</li> <li>• Restorative and maintenance physical, occupational, and speech therapies</li> <li>• Therapeutic recreation</li> <li>• Transportation</li> </ul>	<ul style="list-style-type: none"> <li>• Age 18 or older with a functional impairment.</li> <li>• Chronically ill, frail elderly and disabled adults who require certain primary, preventive, diagnostic, therapeutic, rehabilitative and/or palliative services.</li> <li>• Have a physician's order.</li> <li>• Assessed by program and/or managed care organization and deemed eligible.</li> </ul>	<ul style="list-style-type: none"> <li>• Medicaid</li> <li>• Commercial health insurance</li> <li>• Long-term care insurance</li> <li>• Veterans Health Administration (VA)</li> <li>• Self-pay</li> <li>• Some Medicare Advantage plans (beginning 2019)</li> </ul>	<p><b>Adult Day Health Care Council</b>  <b>Program Locator:</b> <a href="http://www.adhcc.org">www.adhcc.org</a></p>
<b>Adult Care Facility (ACF)</b> (includes Adult Home and Enriched Housing)	<ul style="list-style-type: none"> <li>• Room, board, housekeeping, personal care, supervision and monitoring</li> <li>• Case management</li> </ul>	<ul style="list-style-type: none"> <li>• Age:               <ul style="list-style-type: none"> <li>○ Adult Homes: Age 18 or older; age 16 or older for public homes. Vast majority of residents are over age 65.</li> <li>○ Enriched Housing: Primarily age 65 or older.</li> </ul> </li> <li>• Need supervision and some assistance with Activities of Daily Living (ADLs)/ Instrumental Activities of Daily Living (IADLs).</li> <li>• Not in need of continual medical or nursing care; medically and mentally appropriate for adult care facility.</li> </ul>	<ul style="list-style-type: none"> <li>• Long-term care insurance</li> <li>• Self-pay</li> <li>• Some accept SSI</li> <li>• Medicaid-eligible individuals may receive Medicaid-covered home and community-based services under certain circumstances.</li> <li>• Veteran's pension benefits may help to pay for the services provided, if the veteran or the veteran spouse meets certain criteria.</li> </ul>	<p><b>LeadingAge NY Provider Locator:</b>  <a href="https://www.leadingageny.org/products-services/provider-locator/?ebizaction=company">https://www.leadingageny.org/products-services/provider-locator/?ebizaction=company</a></p> <p><b>Map of Adult Care Facilities – searchable by county:</b>  <a href="http://www.health.ny.gov/facilities/adult_care/">http://www.health.ny.gov/facilities/adult_care/</a></p> <p><b>ACFs by Provider Type –</b>  <a href="https://www.health.ny.gov/facilities/adult_care/">https://www.health.ny.gov/facilities/adult_care/</a></p>

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<b>Assisted Living Program (ALP)</b>	<ul style="list-style-type: none"> <li>Room, board, housekeeping, personal care, supervision</li> <li>Case management</li> <li>Home health care</li> <li>Personal emergency response services</li> <li>Nursing</li> <li>Physical, occupational and speech therapy</li> <li>Certain medical supplies and equipment</li> <li>Adult day health care</li> </ul>	<ul style="list-style-type: none"> <li>Medically-eligible for nursing home placement</li> <li>Not in need of continual nursing care, not chronically bedfast, nor impaired to the degree that the safety of other ALP residents is jeopardized.</li> </ul>	<ul style="list-style-type: none"> <li>Medicaid and SSI</li> <li>Long-term care insurance</li> <li>Self-pay</li> <li>Veteran's pension benefits may help to pay for the services provided, if the veteran or the veteran spouse meets certain criteria.</li> </ul>	<p><b>LeadingAge NY Provider Locator:</b>  <a href="https://www.leadingageny.org/products-services/provider-locator/?ebizaction=company">https://www.leadingageny.org/products-services/provider-locator/?ebizaction=company</a></p> <p><b>Licensed ALPs:</b>  <a href="https://profiles.health.ny.gov/acf/service/Assisted+Living+Program">https://profiles.health.ny.gov/acf/service/Assisted+Living+Program</a></p> <p><b>Local Departments of Social Services web links:</b>  <a href="http://www.health.ny.gov/health_care/medicaid/ldss.htm">http://www.health.ny.gov/health_care/medicaid/ldss.htm</a></p>
<b>Assisted Living Residence, including Basic Assisted Living Residence (ALR), Special Needs ALR, and Enhanced ALR</b>	<ul style="list-style-type: none"> <li>Room, board, housekeeping, personal care, supervision and monitoring</li> <li>Case management</li> <li><b>Enhanced ALRs:</b> Provide nursing services; additional services vary</li> <li><b>Special Needs ALRs:</b> Provide specialized programs and environmental features for dementia and other special needs.</li> </ul>	<ul style="list-style-type: none"> <li>Need supervision and some assistance with ADLs/IADLs.</li> <li><b>Basic and SNALR:</b> Not in need of continual medical or nursing care; medically and mentally appropriate for adult care facility.</li> <li><b>EALR only:</b> May accept or retain people whose needs exceed that of an ACF resident. May retain individuals needing 24-hour skilled nursing care. Retention policies vary.</li> <li><b>SNALR only:</b> Requires a specialized environment and services to address cognitive impairment or dementia.</li> </ul>	<ul style="list-style-type: none"> <li>Long-term care insurance</li> <li>Self-pay</li> <li>Some accept SSI</li> <li>Medicaid-eligible individuals may receive Medicaid-covered home and community-based services under certain circumstances.</li> <li>Veteran's pension benefits may help to pay for the services provided, if the veteran or the veteran spouse meets certain criteria.</li> </ul>	<p><b>LeadingAge NY Provider Locator:</b>  <a href="https://www.leadingageny.org/products-services/provider-locator/?ebizaction=company">https://www.leadingageny.org/products-services/provider-locator/?ebizaction=company</a></p> <p><b>ACFs by Provider Type (includes ALR, SNALR, and EALR) –</b>  <a href="https://profiles.health.ny.gov/acf/service/Adult+Home">https://profiles.health.ny.gov/acf/service/Adult+Home</a></p>

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<b>Certified Home Health Agency (CHHA)</b>	<ul style="list-style-type: none"> <li>• Skilled nursing</li> <li>• Physical, occupational, and speech therapy</li> <li>• Medical social services</li> <li>• Home health aide</li> <li>• Personal care</li> <li>• Nutrition</li> <li>• Medical supplies and appliances</li> </ul>	<p>Physician certification of need for one or more of the following: skilled nursing care, physical therapy, speech-language pathology services, occupational therapy; and</p> <ul style="list-style-type: none"> <li>• <b>For Medicare:</b> Certified as primarily home-bound with the exception of medical treatments and infrequent absences for non-medical reasons.</li> <li>• <b>For Medicaid:</b> No home-bound requirement.</li> <li>• <b>For commercial and long-term care insurance:</b> Requirements vary.</li> </ul>	<ul style="list-style-type: none"> <li>• Medicare</li> <li>• Medicaid</li> <li>• Long-term care insurance</li> <li>• Commercial health insurance</li> <li>• VA</li> <li>• Self-pay</li> </ul>	<p><b>LeadingAge NY Provider Locator:</b>  <a href="https://www.leadingageny.org/products-services/provider-locator/?ebizaction=company">https://www.leadingageny.org/products-services/provider-locator/?ebizaction=company</a></p> <p><b>NYS Dept. of Health – About CHHAs</b>  <a href="https://profiles.health.ny.gov/home_care/pages/chha">https://profiles.health.ny.gov/home_care/pages/chha</a></p> <p><b>Home Care Agencies - searchable by name, type, and county:</b>  <a href="https://profiles.health.ny.gov/home_care/index">https://profiles.health.ny.gov/home_care/index</a></p>
<b>Community Services for the Elderly Program (CSE)</b>	<p>Vary by county and include:</p> <ul style="list-style-type: none"> <li>• Case management</li> <li>• Personal care</li> <li>• Home-delivered meals</li> <li>• Information, assistance, referral</li> <li>• Social adult day care</li> <li>• Transportation</li> <li>• Respite</li> <li>• Telephone reassurance/visiting</li> <li>• Health promotion and wellness</li> <li>• Senior centers</li> <li>• Personal emergency response systems</li> <li>• Minor residential repairs</li> <li>• Escort and other services</li> </ul>	<ul style="list-style-type: none"> <li>• New York State resident, age 60 or older</li> </ul>	<ul style="list-style-type: none"> <li>• State Office for the Aging block grant plus local match</li> </ul>	<p><b>LeadingAge NY Provider Locator:</b>  <a href="https://www.leadingageny.org/products-services/provider-locator/?ebizaction=company">https://www.leadingageny.org/products-services/provider-locator/?ebizaction=company</a></p> <p><b>NY Connects:</b>  <a href="https://www.nyconnects.ny.gov/">https://www.nyconnects.ny.gov/</a></p> <p><b>NYS Office for the Aging:</b>  <a href="http://www.aging.ny.gov/NYSOFA/Programs/CommunityBased/IIIB.cfm">http://www.aging.ny.gov/NYSOFA/Programs/CommunityBased/IIIB.cfm</a></p> <p><b>Local Offices for the Aging:</b>  <a href="https://aging.ny.gov/local-offices">https://aging.ny.gov/local-offices</a></p>

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<b>Consumer-Directed Personal Assistance Program (CDPAP)<sup>3</sup></b>	Personal assistant may perform services that could be provided by a personal care aide, home health aide or a nurse.	<p><b>Must meet all of the following requirements:</b></p> <ul style="list-style-type: none"> <li>• Recipient of, or qualify for, community-based Medicaid;</li> <li>• Chronically-ill or physically-disabled, with a medical need for assistance with Activities of Daily Living (ADLs) or self-care tasks or Independent Activities of Daily Living (IADLs) and/or skilled nursing tasks;</li> <li>• Self-directing or have surrogate that can manage/coordinate care;</li> <li>• Services must be deemed essential to the maintenance of health and safety in home, as determined by the local social services district, mainstream Medicaid managed care or managed long term care (MLTC) plan.</li> </ul>	<ul style="list-style-type: none"> <li>• Medicaid</li> </ul>	<p><b>Consumer Directed Personal Assistance Association of New York State (CDPAANYS):</b> <a href="http://cdpaanys.org/">http://cdpaanys.org/</a></p> <p><b>Local Departments of Social Services web links:</b> <a href="http://www.health.ny.gov/health_care/medicaid/dss.htm">http://www.health.ny.gov/health_care/medicaid/dss.htm</a></p>
<b>Continuing Care Retirement Communities (CCRCs)</b>	<p>CCRCs provide independent living, residential amenities, and access to a continuum of long term care services as residents' health needs change over time.</p> <p>Services may include:</p> <ul style="list-style-type: none"> <li>• Meals, social activities, transportation, housekeeping, and maintenance while an individual resides in the independent housing portion of the community;</li> <li>• Access to physician, prescription drug, and rehabilitation services;</li> <li>• Assisted living services; and</li> <li>• Skilled nursing care.</li> </ul>	<p>Generally, must be at least 62 years old and meet any health and financial criteria established by the CCRC.</p> <p>Prospective CCRC residents must be enrolled in Medicare Part A and Part B and must enroll in and maintain a Medicare Supplemental Insurance Policy.</p>	<ul style="list-style-type: none"> <li>• A substantial entrance fee and monthly fees are typically required.</li> <li>• Life care and modified contracts guarantee coverage of some or all assisted living and skilled nursing services under the monthly fee.</li> <li>• Some CCRCs offer a fee-for-service option with monthly fees that vary based on the service setting.</li> <li>• Medicare covers most medical services.</li> </ul>	<p><b>LeadingAge NY Provider Locator:</b> <a href="https://www.leadingageny.org/products-services/provider-locator/?ebizaction=company">https://www.leadingageny.org/products-services/provider-locator/?ebizaction=company</a></p> <p><b>New York State Department of Health:</b> <a href="https://www.health.ny.gov/facilities/long_term_care/retirement_communities/continuing_care/index.htm">https://www.health.ny.gov/facilities/long_term_care/retirement_communities/continuing_care/index.htm</a></p>

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<b>Expanded In-Home Services for the Elderly Program (EISEP)</b>	<ul style="list-style-type: none"> <li>• Case management and non-medical in-home services</li> <li>• Assistance with ADLs and IADLs</li> <li>• Non- institutional respite</li> </ul>	<ul style="list-style-type: none"> <li>• Age 60 or older</li> <li>• Need assistance with self-care tasks/ADLs and/or IADLs</li> <li>• Must not be Medicaid eligible.</li> </ul>	<ul style="list-style-type: none"> <li>• State and local funding</li> <li>• Clients required to share in the cost of services according to a sliding scale based on income.</li> </ul>	<p><b>NYS Office for the Aging</b>  <a href="https://aging.ny.gov/expanded-home-services">https://aging.ny.gov/expanded-home-services</a></p> <p><b>NY Connects:</b>  <a href="https://www.nyconnects.ny.gov/">https://www.nyconnects.ny.gov/</a></p> <p><b>Local Offices for the Aging:</b>  <a href="https://aging.ny.gov/local-offices">https://aging.ny.gov/local-offices</a></p>
<b>Hospice</b>	<ul style="list-style-type: none"> <li>• Interdisciplinary, person-centered care coordination, nursing and physician services</li> <li>• Medical social services and counseling (including nutrition and bereavement counseling)</li> <li>• Physical, speech and occupational therapy</li> <li>• Home health aide and homemaker services</li> <li>• Medical supplies and appliances</li> <li>• Short-term inpatient care</li> </ul>	<ul style="list-style-type: none"> <li>• <b>Medicare:</b> Physician-certified terminal illness with life expectancy of 6 months or less.</li> <li>• <b>Medicaid:</b> Physician-certified terminal illness with life expectancy of 12 months or less.</li> <li>• <b>Commercial health insurance:</b> Requirements vary.</li> <li>• <b>VA:</b> VA physician-certified terminal illness with life expectancy of 6 months or less.</li> </ul>	<ul style="list-style-type: none"> <li>• Medicare</li> <li>• Medicaid</li> <li>• Commercial health insurance</li> <li>• VA</li> <li>• Self-pay</li> </ul>	<p><b>LeadingAge NY Provider Locator:</b>  <a href="https://www.leadingageny.org/products-services/provider-locator/?ebizaction=company">https://www.leadingageny.org/products-services/provider-locator/?ebizaction=company</a></p> <p><b>Hospice programs - searchable by county:</b>  <a href="https://profiles.health.ny.gov/hospice/counties_served/">https://profiles.health.ny.gov/hospice/counties_served/</a></p> <p><b>Palliative and Hospice providers by county:</b></p> <ul style="list-style-type: none"> <li>• <b>Get Palliative Care (CAPC):</b>  <a href="http://www.getpalliativecare.org/">http://www.getpalliativecare.org/</a></li> <li>• <b>Hospice and Palliative Care Association of New York State (HPCANYS):</b>  <a href="https://www.memberleap.com/members/directory/search_bootstrap.php?org_id=NYHP">https://www.memberleap.com/members/directory/search_bootstrap.php?org_id=NYHP</a></li> </ul>

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<p style="text-align: center;"><b>Independent Senior Housing</b></p>	<p>Independent senior housing <i>may</i> include non-medical services (those not requiring DOH licensure) including, but not limited to:</p> <ul style="list-style-type: none"> <li>• <i>Dining</i> – full-service dining facility; home-delivered meals including “Meals on Wheels”; on-site amenities such as stores and cafes; and meal preparation</li> <li>• <i>Education/entertainment</i> – recreational and social activities; wellness programs; educational programs; fitness centers/activities and social day programs</li> <li>• <i>Resident services</i> – transportation to shopping, appointments and entertainment; personal laundry and linen service; resident shopping; housekeeping, and light cleaning</li> <li>• <i>Security/staff</i> – security staff (sometimes on a 24-hour basis); building security features and fire systems</li> </ul> <p>Tenants may also bring in any services that may be provided in a private home (e.g., home care).</p>	<p><b>Age:</b></p> <ul style="list-style-type: none"> <li>• Age requirements vary based on the building’s funding source; range of ages generally begins at 55 years old.</li> </ul> <p><b>Financial Eligibility for Subsidized Housing:</b></p> <ul style="list-style-type: none"> <li>• Partially determined by geographic location and therefore varies across NYS based on Area Median Income (AMI) which is updated annually.</li> <li>• Also based on the number of apartments set aside in a particular project for “low” (80% of AMI), “very low” (50% of AMI), and “extremely low” (often set at 30% of AMI) income individuals.</li> </ul>	<ul style="list-style-type: none"> <li>• When available, state and federal funding may be used to offset the cost of rent and allow residents to pay a reduced rent.</li> <li>• Self pay for subsidized housing is often limited to 30% of a tenant’s gross income.</li> </ul>	<p><b>LeadingAge NY Provider Locator:</b>  <a href="https://www.leadingageny.org/products-services/provider-locator/?ebizaction=company">https://www.leadingageny.org/products-services/provider-locator/?ebizaction=company</a></p> <p><b>New York State Homes and Community Renewal: Finding Affordable Housing:</b>  <a href="http://www.nyshcr.org/AboutUs/affhsg.htm">http://www.nyshcr.org/AboutUs/affhsg.htm</a></p>

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<b>Licensed Home Care Service Agency (LHCSA)</b>	<ul style="list-style-type: none"> <li>• Nursing</li> <li>• Home health aide</li> <li>• Other therapeutic and related services which may include physical, speech and occupational therapy</li> <li>• Nutritional services</li> <li>• Medical social services</li> <li>• Personal care (housekeeping/IADLs and self-care tasks/ADLs)</li> </ul>	<ul style="list-style-type: none"> <li>• Physician must certify a need for LHCSA services.</li> <li>• Requirements vary by payer.</li> </ul>	<ul style="list-style-type: none"> <li>• Medicaid (through contracts with county, CHHAs, and/or managed care plans)</li> <li>• Commercial health insurance</li> <li>• Long-term care insurance</li> <li>• VA</li> <li>• Self-pay</li> </ul>	<p><b>LeadingAge NY Provider Locator:</b>  <a href="https://www.leadingageny.org/products-services/provider-locator/?ebizaction=company">https://www.leadingageny.org/products-services/provider-locator/?ebizaction=company</a></p> <p><b>NYS Dept. of Health – About LHCSAs:</b>  <a href="https://profiles.health.ny.gov/home_care/pages/lhcsa">https://profiles.health.ny.gov/home_care/pages/lhcsa</a></p> <p><b>LHCSAs- searchable by name, type, and county:</b>  <a href="https://profiles.health.ny.gov/home_care/counties_served/type:LHCSA">https://profiles.health.ny.gov/home_care/counties_served/type:LHCSA</a></p>
<b>Medicaid Managed Long Term Care (MLTC) Plans<sup>4,5</sup></b>	<ul style="list-style-type: none"> <li>• Covered services include:               <ul style="list-style-type: none"> <li>○ Care management</li> <li>○ Nursing home</li> <li>○ Home Care</li> <li>○ Adult Day Health Care</li> <li>○ DME</li> <li>○ Transportation</li> <li>○ Podiatry</li> <li>○ Therapies</li> <li>○ Audiology</li> <li>○ Other long-term services and supports.</li> </ul> </li> <li>• Services are generally limited to network providers.</li> </ul>	<p><b>Must meet all of the following:</b></p> <ul style="list-style-type: none"> <li>• Recipient of, or qualify for, Medicaid;</li> <li>• Age 18 and older; and</li> <li>• Require more than 120 days of community-based long-term care.</li> </ul>	<ul style="list-style-type: none"> <li>• Medicaid</li> </ul>	<p><b>LeadingAge NY Provider Locator:</b>  <a href="https://www.leadingageny.org/products-services/provider-locator/?ebizaction=company">https://www.leadingageny.org/products-services/provider-locator/?ebizaction=company</a></p> <p><b>About Managed Long Term Care:</b>  <a href="http://www.health.ny.gov/health_care/managed_care/mltc/aboutmltc.htm">http://www.health.ny.gov/health_care/managed_care/mltc/aboutmltc.htm</a></p> <p><b>Medicaid Managed Long Term Care Consumer Guide:</b>  <a href="https://www.health.ny.gov/health_care/managed_care/mltc/consumer_guides/">https://www.health.ny.gov/health_care/managed_care/mltc/consumer_guides/</a></p>
<b>Medicaid Advantage Plus (MAP) Plans<sup>4,5</sup></b>	<ul style="list-style-type: none"> <li>• Covered service include:               <ul style="list-style-type: none"> <li>○ Medicare Parts A, B, and D benefits, including comprehensive inpatient, outpatient, physician, post-acute, rehabilitative, and pharmacy services.</li> <li>○ Medicaid MLTC benefits (see above)</li> </ul> </li> <li>• Services are generally limited to network providers.</li> </ul>	<p><b>Must meet all of the following:</b></p> <ul style="list-style-type: none"> <li>• Recipient of, or qualify for, Medicaid and Medicare;</li> <li>• Age 18 and older;</li> <li>• Require more than 120 days of community-based long-term care;</li> <li>• Reside in selected plan’s service area.</li> </ul>	<ul style="list-style-type: none"> <li>• Medicaid and Medicare</li> </ul>	<p><b>Medicaid Managed Long Term Care Consumer Guide:</b>  <a href="https://www.health.ny.gov/health_care/managed_care/mltc/consumer_guides/">https://www.health.ny.gov/health_care/managed_care/mltc/consumer_guides/</a></p>

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<b>Medicare Advantage Plans<sup>4,5</sup></b>	<ul style="list-style-type: none"> <li>• Covered services include:               <ul style="list-style-type: none"> <li>○ Medicare Part A and Part B services, including post-acute care,</li> <li>○ Usually Medicare Part D.</li> </ul> </li> <li>• Generally, do not cover long-term care services.</li> <li>• Special needs plans provide specialized coverage for people with chronic conditions, living in an institution, or with both Medicare and Medicaid.</li> <li>• Services are generally limited to network providers.</li> </ul>	<p><b>Must meet all of the following:</b></p> <ul style="list-style-type: none"> <li>• Medicare Part A and Part B beneficiary;</li> <li>• Reside in service area of the selected plan</li> <li>• Do not have End-Stage Renal Disease (except for special needs plans and in limited other circumstances).</li> </ul>	<ul style="list-style-type: none"> <li>• Medicare</li> </ul>	<p><b>Medicare Plan Finder:</b>  <a href="https://www.medicare.gov/find-a-plan/questions/home.aspx">https://www.medicare.gov/find-a-plan/questions/home.aspx</a></p>
<b>Naturally Occurring Retirement Community (NORC), Supportive Service Program (NORC-SSP) and Neighborhood NORC (NNORC)</b>	<ul style="list-style-type: none"> <li>• Case management and social work services.</li> <li>• Health care management and prevention programs.</li> <li>• Home-delivered meals, transportation</li> <li>• Education, socialization, and recreational activities.</li> <li>• Volunteer opportunities for program participants</li> </ul>	<ul style="list-style-type: none"> <li>• <b>NORC-SSP:</b> Reside in an apartment building or housing complex approved as a NORC.</li> <li>• <b>NNORC:</b> Reside in a residential dwelling or group of residential dwellings in a geographically defined neighborhood designated as a NORC.</li> </ul>	<ul style="list-style-type: none"> <li>• State and federal funds and grants</li> <li>• Charitable donations</li> <li>• Self-pay</li> </ul>	<p><b>LeadingAge NY Provider Locator:</b>  <a href="https://www.leadingageny.org/products-services/provider-locator/?ebizaction=company">https://www.leadingageny.org/products-services/provider-locator/?ebizaction=company</a></p> <p><b>NYS Office for the Aging - NORCs:</b>  <a href="https://aging.ny.gov/naturally-occurring-retirement-community-norc">https://aging.ny.gov/naturally-occurring-retirement-community-norc</a></p>

## Home and Community-Based Service Options for Older Adults and Adults with Disabilities \*

### January 2021

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Provider/ Program	Services	Eligibility	Reimbursement <sup>1,2</sup>	More Information
<b>Nursing Home Transition and Diversion (NHTD) Waiver<sup>3</sup></b>	<ul style="list-style-type: none"> <li>• Service Coordination</li> <li>• Assistive Technology</li> <li>• Community Integration Counseling</li> <li>• Community Transition Services</li> <li>• Congregate and Home Delivered Meals</li> <li>• Environmental Modifications (home and vehicle)</li> <li>• Home and Community Supports</li> <li>• Medical Home Visits</li> <li>• Independent Living Skills Training</li> <li>• Moving Assistance</li> <li>• Nutritional Counseling</li> <li>• Peer Mentoring</li> <li>• Positive Behavioral Interventions and Supports</li> <li>• Respiratory Therapy</li> <li>• Respite</li> <li>• Structured Day Program</li> <li>• Wellness Counseling</li> <li>• Housing subsidy may be available, subject to funding.</li> </ul>	<p><b>Must meet all of the following requirements:</b></p> <ul style="list-style-type: none"> <li>• Recipient of Medicaid coverage that supports community-based long-term care services;</li> <li>• Between age 18 and 64 with a physical disability, or age 65 and older upon application to the waiver;</li> <li>• Assessed to need a nursing home level of care;</li> <li>• Participant and his/her informal supports work with Regional Resource Development Center to determine eligibility;</li> <li>• Able to live safely in the community.</li> </ul>	<ul style="list-style-type: none"> <li>• Medicaid</li> </ul>	<p><b>List of NY Regional Resource Development Centers and Specialists:</b>  <a href="http://www.health.ny.gov/facilities/long_term_care/waiver/nhtd_manual/section_11/appendix_g/contact_list.pdf">http://www.health.ny.gov/facilities/long_term_care/waiver/nhtd_manual/section_11/appendix_g/contact_list.pdf</a></p> <p><b>NHTD Housing Subsidy Program:</b>  <a href="https://www.health.ny.gov/facilities/long_term_care/docs/tbi_housing_subsidy_program_manual.pdf">https://www.health.ny.gov/facilities/long_term_care/docs/tbi_housing_subsidy_program_manual.pdf</a></p>

## Home and Community-Based Service Options for Older Adults and Adults with Disabilities \*

### January 2021

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Provider/ Program	Services	Eligibility	Reimbursement <sup>1,2</sup>	More Information
<p><b>Palliative Care</b></p>	<ul style="list-style-type: none"> <li>Health care treatment and supportive services to prevent or relieve pain and suffering and to enhance the patient's quality of life.</li> <li>Includes hospice care, but may be provided concurrently with life-prolonging care or as the main focus of care.</li> </ul>	<ul style="list-style-type: none"> <li>Advanced, complex chronic or progressive conditions or illnesses requiring pain and symptom management and/or assistance with ADLs/IADLs.</li> </ul>	<ul style="list-style-type: none"> <li>Medicare</li> <li>Medicaid</li> <li>Commercial health insurance</li> <li>Long-term care insurance</li> <li>VA</li> <li>Self-pay</li> </ul>	<p><b>LeadingAge NY Provider Locator:</b>  <a href="https://www.leadingageny.org/products-services/provider-locator/?ebizaction=company">https://www.leadingageny.org/products-services/provider-locator/?ebizaction=company</a></p> <p><b>Hospice programs - searchable by county:</b>  <a href="https://profiles.health.ny.gov/hospice/counties_served/">https://profiles.health.ny.gov/hospice/counties_served/</a></p> <p><b>Palliative Care and Hospice Providers- by county:</b></p> <ul style="list-style-type: none"> <li><b>Get Palliative Care (CAPC):</b>  <a href="http://www.getpalliativecare.org/">http://www.getpalliativecare.org/</a></li> <li><b>Hospice and Palliative Care Association of New York State (HPCANYS):</b>  <a href="https://www.hpcanys.org/find-care/">https://www.hpcanys.org/find-care/</a></li> </ul>
<p><b>Programs of All-Inclusive Care for the Elderly (PACE)</b> <sup>4,5</sup></p>	<ul style="list-style-type: none"> <li>Services include:             <ul style="list-style-type: none"> <li>Care management, comprehensive inpatient, outpatient, physician, rehabilitative, custodial, and long-term care and supportive services, and supplies.</li> </ul> </li> <li>Many services provided in PACE centers.</li> <li>Services generally limited to providers in PACE network.</li> </ul>	<p><b>Must meet all of the following requirements:</b></p> <ul style="list-style-type: none"> <li>Nursing home eligible;</li> <li>Typically, age 55 or older (some programs serve younger members);</li> <li>Live within the service area of a PACE; and</li> <li>Able to live safely in the community.</li> </ul>	<ul style="list-style-type: none"> <li>Medicaid</li> <li>Medicare</li> <li>Self-pay</li> </ul>	<p><b>LeadingAge NY Provider Locator:</b>  <a href="https://www.leadingageny.org/products-services/provider-locator/?ebizaction=company">https://www.leadingageny.org/products-services/provider-locator/?ebizaction=company</a></p> <p><b>NYS Dept. of Health Medicaid Managed Long Term Care Guide:</b>  <a href="https://www.health.ny.gov/health_care/managed_care/mltc/consumer_guides/">https://www.health.ny.gov/health_care/managed_care/mltc/consumer_guides/</a></p> <p><b>National PACE Association Program Finder by zip code and state:</b>  <a href="https://www.npaonline.org/pace-you/find-pace-program-your-neighborhood">https://www.npaonline.org/pace-you/find-pace-program-your-neighborhood</a></p>

## Home and Community-Based Service Options for Older Adults and Adults with Disabilities \*

### January 2021

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Provider/ Program	Services	Eligibility	Reimbursement <sup>1,2</sup>	More Information
<b>Respite</b> (at person's home or at Adult Care Facility, Assisted Living Residence or Nursing Home)	<ul style="list-style-type: none"> <li>• Infrequent and temporary substitute care or supervision of frail or disabled adults on behalf of and in the absence of the routine caregiver.</li> <li>• Services vary depending on respite provider and payer.</li> </ul>	<p>Varies depending on respite provider and payer (see NY Connects, managed care plans, and local offices for the aging). Eligible individuals for local office for the aging programs may include:</p> <ul style="list-style-type: none"> <li>• Family caregivers providing care for individuals age 60 or older.</li> <li>• Family caregivers providing care for individuals with Alzheimer's disease and related disorders, regardless of age.</li> <li>• Grandparents and other relative caregivers (not parents) 55 years of age and older providing care to children under age 18.</li> <li>• Grandparents and other relative caregivers (not parents) 55 years of age and older, providing care to adults age 18-59, with disabilities, to whom they are related by blood, marriage, or adoption.</li> </ul>	<ul style="list-style-type: none"> <li>• Medicaid (through managed care plans, waivers, and hospice only)</li> <li>• Medicare (through hospice benefit)</li> <li>• Long-term care insurance</li> <li>• NYSOFA and local office for the aging respite programs</li> <li>• VA</li> <li>• Self-pay</li> </ul>	<ul style="list-style-type: none"> <li>• <b>NY Connects:</b> <a href="https://www.nyconnects.ny.gov/">https://www.nyconnects.ny.gov/</a></li> <li>• <b>New York City:</b> <ul style="list-style-type: none"> <li>○ <b>NYC Department for the Aging:</b> <a href="https://www1.nyc.gov/site/dfta/services/caregiving.page">https://www1.nyc.gov/site/dfta/services/caregiving.page</a></li> </ul> </li> <li>• <b>For other NYS Counties - contact local office for the aging:</b> <a href="https://aging.ny.gov/respites-program">https://aging.ny.gov/respites-program</a></li> </ul>
<b>Senior Center</b>	<ul style="list-style-type: none"> <li>• Meal and nutrition programs</li> <li>• Information and assistance</li> <li>• Health, fitness, and wellness programs</li> <li>• Transportation services</li> <li>• Public benefits counseling</li> <li>• Employment assistance</li> <li>• Volunteer and civic engagement opportunities</li> <li>• Social and recreational activities</li> <li>• Educational and arts programs</li> <li>• Intergenerational programs</li> <li>• Technology</li> <li>• Field Trips</li> </ul>	<ul style="list-style-type: none"> <li>• 60 years of age or older</li> </ul>	<ul style="list-style-type: none"> <li>• Voluntary client contributions</li> <li>• State, federal and local funding</li> <li>• Private donations</li> </ul>	<ul style="list-style-type: none"> <li>• <b>NY Connects:</b> <a href="https://www.nyconnects.ny.gov/">https://www.nyconnects.ny.gov/</a></li> <li>• <b>New York City:</b> <ul style="list-style-type: none"> <li>• <b>NYC Department for the Aging:</b> <a href="https://www1.nyc.gov/site/dfta/index.page">https://www1.nyc.gov/site/dfta/index.page</a></li> <li>• <b>NYCHA Resident's Corner-Senior Centers:</b> <a href="http://www.nyc.gov/html/nycha/html/ccshtml/seniorcenters.shtml">http://www.nyc.gov/html/nycha/html/ccshtml/seniorcenters.shtml</a></li> </ul> </li> </ul>

## Home and Community-Based Service Options for Older Adults and Adults with Disabilities \*

### January 2021

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Provider/ Program	Services	Eligibility	Reimbursement <sup>1,2</sup>	More Information
<b>Social Adult Day Care (SADC)</b>	<p><b>Core Services:</b></p> <ul style="list-style-type: none"> <li>• Socialization</li> <li>• Supervision and monitoring</li> <li>• Personal care</li> <li>• Nutrition</li> </ul> <p><b>Optional services:</b></p> <ul style="list-style-type: none"> <li>• Transportation</li> <li>• Information and assistance</li> <li>• Caregiver assistance</li> <li>• Assistance with ADLs</li> </ul>	<ul style="list-style-type: none"> <li>• Functionally impaired; needing some assistance in at least one ADL (toileting, mobility, transferring, or eating); or</li> <li>• Needing supervision due to cognitive and/or psychosocial impairment.</li> </ul>	<ul style="list-style-type: none"> <li>• Medicaid (through MLTC plans only)</li> <li>• Self-pay</li> <li>• Area Agencies on Aging grants</li> </ul>	<p><b>LeadingAge NY Provider Locator:</b>  <a href="https://www.leadingageny.org/products-services/provider-locator/?ebizaction=company">https://www.leadingageny.org/products-services/provider-locator/?ebizaction=company</a></p> <p><b>NY Connects:</b>  <a href="https://www.nyconnects.ny.gov/">https://www.nyconnects.ny.gov/</a></p> <p><b>NYS Office for Aging SADS:</b>  <a href="https://aging.ny.gov/social-model-adult-day-services-program">https://aging.ny.gov/social-model-adult-day-services-program</a></p>
<b>Traumatic Brain Injury (TBI) Waiver<sup>3</sup></b>	<ul style="list-style-type: none"> <li>• Service Coordination</li> <li>• Independent Living Skills Training and Development</li> <li>• Structured Day Program</li> <li>• Substance Abuse Program</li> <li>• Positive Behavioral Interventions and Support Services</li> <li>• Community Integration Counseling</li> <li>• Home and Community Support Services</li> <li>• Respite Services</li> <li>• Environmental Modifications Service (vehicles and homes)</li> <li>• Assistive Technology Services</li> <li>• Waiver Transportation</li> <li>• Community Transitional Services</li> <li>• Housing subsidy may be available, subject to funding.</li> </ul>	<p><b>Must meet all of the following requirements:</b></p> <ul style="list-style-type: none"> <li>• Recipient of Medicaid coverage that supports community-based long-term care services;</li> <li>• Diagnosis of traumatic brain injury (TBI);</li> <li>• Between the ages of 18 and 64 upon application to the waiver;</li> <li>• Assessed to need a nursing home level of care as a direct result of the TBI;</li> <li>• Recipient and his/her personal supports work with Regional Resource Development Center to determine eligibility;</li> <li>• Able to live safely in the community.</li> </ul>	<ul style="list-style-type: none"> <li>• Medicaid</li> </ul>	<p><b>List of NY Regional Resource Development Centers and Specialists:</b>  <a href="http://www.health.ny.gov/facilities/long_term_care/waiver/nhtd_manual/section_11/appendix_g/contact_list.pdf">http://www.health.ny.gov/facilities/long_term_care/waiver/nhtd_manual/section_11/appendix_g/contact_list.pdf</a></p>

## Home and Community-Based Service Options for Older Adults and Adults with Disabilities \*

### January 2021

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Provider/ Program	Services	Eligibility	Reimbursement <sup>1,2</sup>	More Information
<b>Wellness in Nutrition (WIN)</b> (formerly Supplemental Nutrition Assistance Program or SNAP)	<ul style="list-style-type: none"> <li>Monthly electronic benefits debit card to purchase food at authorized retail food stores.</li> <li>Home delivered and congregate meals, nutrition-related services.</li> </ul>	Meet certain income guidelines and reside in a household with: <ul style="list-style-type: none"> <li>an older adult (60+);</li> <li>a person with a disability; or</li> <li>dependent care expenses.</li> </ul>	<ul style="list-style-type: none"> <li>Federal and State funds.</li> </ul>	<b>Local Offices for the Aging:</b> <a href="https://aging.ny.gov/local-offices">https://aging.ny.gov/local-offices</a>  <b>Eligibility for food assistance program (WIN formerly SNAP):</b> <a href="https://mybenefits.ny.gov/">https://mybenefits.ny.gov/</a>
	<i>Updated 10/18/18</i>			

<sup>1</sup> Medicare, Medicaid, and insurance coverage will vary based on the payer, the patient's/resident's condition, services needed (e.g., skilled, custodial, or caregiver support) and the duration of services.

<sup>2</sup> Veterans with long-term care needs may be eligible for a variety of benefits to help them to address those needs. In addition to VA health benefits, veterans may be eligible for caregiver supports and/or "Aid and Attendance" or "Housebound" benefits. Aid and Attendance is an additional pension benefit for veterans who require assistance with ADLs, live in a nursing home, and/or have extremely poor vision. Similarly, Housebound benefits are additional pension payments for veterans who are substantially confined to their homes.

<sup>3</sup> For assistance with the CDPAP, NHTD, and TBI programs and other non-medical services and supports for people with disabilities, independent living centers (ILCs) are an important resource. They provide advocacy and supports to assist people with disabilities to live independently, including information and referrals, peer counseling, individual and systems advocacy, and independent living skills training. They may also provide assistance with housing, education, employment, medical needs and personal attendant services. A directory of ILCs is available at <https://www.nysilc.org/resources/ilc-directory>.

<sup>4</sup> Medicaid Managed Long Term Care Plans, Medicaid Advantage Plus Plans, and Medicare Advantage Plans are managed care plans that contract with home and community-based service providers and others to provide care to their enrollees. Managed care plans do not directly provide services other than care management, although some plans are sponsored by organizations that are also health care providers. PACE programs, by contrast, operate as both managed care plans and providers of services. Typically, if a consumer is enrolled in one of these plans/programs, the plan or program must authorize the delivery of home and community-based services. Beginning in 2019, some Medicare Advantage Plans will be authorized to offer limited long-term services and supports.

<sup>5</sup> Individuals with both Medicare and Medicaid coverage who do not need long-term care services may qualify for Medicaid Advantage plans.

LeadingAge New York represents not-for-profit, mission-driven and public continuing care providers, including nursing homes, senior housing, adult care facilities, continuing care retirement communities, assisted living and community service providers, and managed long term care plans. LeadingAge New York's members collectively employ 150,000 individuals serving more than 500,000 New Yorkers annually.

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