

FOR IMMEDIATE RELEASE

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Michael M. Sheridan  
D.O., M.P.H., F.A.A.F.P.



Cheryl Sparks  
A.N.P.

**St. Mary's is Proud to Welcome Dr. Michael Sheridan and Cheryl Sparks, A.N.P. to the St. Mary's Network of Services**

Amsterdam, NY – Michael M. Sheridan, D.O., M.P.H., F.A.A.F.P., and Cheryl Sparks, A.N.P., have joined the St. Mary's Primary Care network of services. Their offices are located at the Memorial Health Center on the second floor of the Memorial Building on Route 30.

Dr. Sheridan is an award-winning physician, born in Brooklyn, New York. In 1982, Dr. Sheridan graduated from the New York College of Osteopathic Medicine. He completed his three-year residency at SUNY Downstate Medical Center in 1985, receiving his Masters in Public Health from Rutgers University. Dr. Sheridan is certified in Family Medicine and a Fellow of American Academy Family Physicians. Cheryl Sparks earned her A.S. from Fulton-Montgomery Community College, followed by her B.S. from Empire State College. She earned her M.S. in A.N.P. from Russell Sage College and is a Board Certified Diabetic Educator. Sparks has been working in the medical field and community education since 1973, and has worked with Dr. Sheridan since 2001. Sparks, since 1991, has been a certified (American Cancer Society) Breast Self-Examination Educator.

When Dr. Sheridan's wife, Debbie, was diagnosed with breast cancer 20 years ago, Dr. Sheridan became devoted to raising funds and awareness for Breast Cancer. Dr. Sheridan has been the highest individual fundraiser for AVON Walks for Breast Cancer, raising \$900,000 to date. In October 2015, he was instrumental in securing an AVON Foundation grant in the amount of \$100,000 for St. Mary's Healthcare to support the Breast Health Center in the Rao Outpatient Pavilion.

Dr. Sheridan has also accepted a position as Medical Director for the Palliative Care Services at St. Mary's and will work with the current team to expand palliative care education and services. A proud physician, husband, father, and grandfather, Dr. Sheridan is a highly experienced primary care physician

and palliative care advocate. In addition to dividing time between his practice at the Family Health Center and his role as Medical Director of Palliative Care, he will continue to serve as Medical Director for Community Hospice of Amsterdam.

To make an appointment with Dr. Sheridan or Cheryl Sparks, please call 518-841-3770 or 518-843-5793. Information pertaining to patient medical records from Dr. Sheridan's Office can also be answered by calling these numbers.

For more information, please contact:  
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