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## **Fox Run at Orchard Park Implements New Culinary Training Program**

*WNY's premier retirement community utilizes Rouxbe for Culinary Team*

**ORCHARD PARK, NEW YORK:** CEO Bill Wlodarczyk is pleased to announce a new training program Rouxbe that is being implemented for all the Culinary Staff at Fox Run at Orchard Park. The Culinary Staff is under the leadership of Director of Dining Services Lisa Sanders, and Executive Chef Chris Reinhardt. Rouxbe (pronounced Roo-be) is a Morrison Living culinary training program that is mostly hands on and extremely cost effective for continued education for culinary staff.

Roubxe is an online training class that uses videos, assessments and instructor interactions and demonstrations to advance one's culinary skills and knowledge. With a variety of classes this program can benefit even the most seasoned chefs. Classes range from classic, basic skills to an all plant-based class, a specialty course in wellness and fitness. Part of the Rouxbe allure is being able to complete each chapter at your own pace. Fox Run Cook and current Rouxbe student Lisa Bernard will show her newly honed-in skills to her supervisor, Chef Chris Reinhardt, as well as upload photos to the Roubxe website.

According to Bernard, the online platform is easy to manage and navigate. When asked about one of her favorite classes she responded with, "Knives, Knife Cuts, and Knife Sharpening." And in her opinion "this is one of the most important skills to learn as a Culinarian. The Knife is the most important tool in the kitchen and knowing how to use it properly and safely is very important." Bernard's personal motto of "make it right, make people happy," is a perfect match for the Roubxe course, as well as Fox Run!

Ms. Bernard describes her job as "the fun stuff." She truly enjoys menu development and the creative culinary freedom that comes with that. For example, she has her hands and ideas in the fresh baked goods, to-go Out-Take meals, and producing the Daily Hydration Station water flavors. She takes pride in suggesting and designing daily specials, and working at the pasta station at the annual Community Member Christmas Party.

Fox Run at Orchard Park hopes that Roubxe can offer all the current and future chefs gain the most up to date knowledge of food and cooking trends as possible, creating stunning and delicious dishes for our Community Members.

Ms. Bernard lives in Eden, NY with her fiancé, two cats and their dog. She and her fiancé spend their free time touring as many Frank Lloyd Wright homes and estates as they can get too. She also enjoys reading master cookbooks for ideas and inspiration. When asked about her favorite work experience, Lisa's expressive face lights up recalling the first ever Employee Bingo this winter, and how fun it was to meet staff from other departments, and all the fun prizes, it was a BLAST she says!

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FINAL NOTE If you would like more information about this topic, please call Lisa Sanders at 716.662.5001, or email [lsanders@foxrunorchardpark.com](mailto:lsanders@foxrunorchardpark.com)

Fox Run at Orchard Park is the premier Continuing Care Retirement Community in the Southtowns. Independent Living Community Members at Fox Run, should they need it, have guaranteed access to on-site assisted living, memory care, and skilled nursing. Fox Run is also home to a multiplex Health Center providing ample space for a state-of-the-art in-patient rehabilitation center for our extensive therapy programs. All facilities, amenities, apartments, and patio homes are located on a picturesque, well-maintained 54-acre campus in the heart of Orchard Park.

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