

FOR IMMEDIATE RELEASE

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ST. JOHNLAND NURSING CENTER'S Adult Day Health program participants have enjoyed recent visits from a variety of different speakers. Scenquetta Dixon from Cornell Cooperative Extension (left) discussed nutrition, obesity, the new food pyramid and food safety. "Music with Carl" (center) was sponsored by Tully Elder Law, PC of Melville who gave a short informative presentation on estate and elder care planning. Finally, Patricia Calumbraro (right), a Smithtown Fire Marshall spoke to the group on fire safety in the home.

