



## FOR IMMEDIATE RELEASE

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### **NYC Health + Hospitals Expands Short-Stay and Long-Term Care Beds at Its Top-Ranked Skilled Nursing Facility on the Lower East Side**

*Will Serve Many More Seniors and New Yorkers with Clinically Complex Conditions*

**(New York, NY, February 22, 2018)** – NYC Health + Hospitals today showcased expansion of its high-performing post-acute care services, with additional community-based short-term rehabilitation services for New Yorkers.

The health system is now opening the last unit of 60 new skilled nursing facility beds for seniors and clinically complex patients at NYC Health + Hospitals/Gouverneur, a facility designated “Best Nursing Home” by *U.S. News & World Report* and ranked with the highest five-star rating by the Centers for Medicare and Medicaid Services for its high-quality services and home-like environment. The new beds are expected to provide much-needed care in the community to patients and generate \$10 million in new revenue annually for the health system.

“We are excited to expand our best-in-class nursing care and rehabilitation services and provide much-needed continuity of care to many more residents of the Lower East Side, as well as other patients served by the 11 hospitals in our public health care system,” said Maureen McClusky, NYC Health + Hospitals senior vice president of post-acute care services. “Having skilled nursing facilities and hospitals that are part of the same health system means that our rehabilitation teams can work closely with doctors to understand a patient’s previous care and create a personalized treatment plan that best meets their needs. And because we’re all part of the same family, patients can expect a smooth transition from the hospital to the next level of care.”

The new beds occupy nearly 45,000 square feet of existing space in two new units at 227 Madison Street, a unique, modern health care facility that includes the 5-star nursing home and the health system’s largest community health center serving Manhattan’s Lower East Side. Renovated as part of the facility’s recent \$250 million modernization effort, the new units are fully operational, staffed by licensed professionals.

“We focus on providing the best possible outcomes for our patients,” said Susan Sales, chief executive officer of NYC Health + Hospitals/Gouverneur. “We offer a comprehensive team-based approach that includes physical therapists, occupational therapists, medical staff, and social workers. I am also proud of our affiliation with NYU Rusk Rehabilitation and the quality of care that we provide to patients every day.”

NYC Health + Hospitals is hiring 75 additional health care professionals, including nurses, therapists, social workers, dietitians, and other support staff for the expansion.

### **A 5-Star Skilled Nursing Facility That Feels Like Home**

With the addition of the 60 beds, NYC Health + Hospitals/Gouverneur will now accommodate more short-term rehabilitation patients annually. The space features a home-like environment, with private bedrooms in single rooms and double-room suites, large, open dining areas, and comfortable community spaces, featuring fireplaces. The design also includes a private entrance to the nursing facility to enhance the experience of patients and their families.

The rehabilitation area features state-of-the-art equipment to serve the needs of patients recovering from heart attacks, strokes, traumatic brain injuries, and other debilitating conditions.

### **Services Offered**

- State-of-the-art spacious gym with new equipment
- Short-stay rehabilitation, long-term care, and hospice care
- Physical, speech, and occupational therapy
- On-site pharmacy
- Specialized care for complex wounds and infections
- 24/7 care for people who can no longer manage their health conditions at home
- Home care services to help patients manage chronic disease at home, as well as medication management and care coordination services
- Affiliated with Rusk Rehabilitation

### **On-Site Amenities**

- Private and semi-private rooms
- Complimentary cable TV and Wifi
- Restaurant-style dining, with food prepared in spacious, on-floor kitchens
- Sweeping views of the Lower East Side

Visit [NYC Health + Hospitals/Gouverneur](#) to learn more and take a virtual tour.

**About NYC Health + Hospitals/Gouverneur**

NYC Health + Hospitals/Gouverneur provides primary and specialty outpatient care through its Diagnostic and Treatment Center and residential care for the elderly and infirmed in its 295-bed Skilled Nursing Facility. NYC Health + Hospitals/Gouverneur recently completed a \$250 million modernization project to offer enhanced, cutting-edge health care services in a state-of-the-art space. Its Diagnostic and Treatment Center is the largest freestanding health center of its kind in New York, providing more than 250,000 visits per year on the Lower East Side, with a comprehensive array of on-site services, including primary care, pediatrics, women's health, dentistry, behavioral health, podiatry, optometry, ENT, digital imaging, infectious disease, and other specialties and sub-specialties. Its Skilled Nursing Facility provides 24-hour care for individuals in need of short-term, long-term, or hospice care. Rated as a "Best Nursing Home" by *U.S. News & World Report*, the Skilled Nursing Facility offers a range of post-acute care services, including physical therapy, occupational therapy, speech and audiology, and vocational rehabilitation.

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