

The Osborn Launches Fall 2025 WellSpring Series with Dr. Lisa Berkman on a “Successful Aging Society”

The Osborn will launch the fall season of its popular WellSpring Series with Dr. Lisa Berkman discussing a “Successful Aging Society” on Tuesday, October 21 at 7:00 pm. The event, which is free and open to the public, will be held at The Osborn Auditorium (101 Theall Road, Rye, NY).

An esteemed international expert in aging societies, Dr. Berkman is the Thomas D. Cabot Professor of Public Policy and of Epidemiology at the Harvard T.H. Chan School of Public Health. Much of her current work relates to aging societies.

The world is facing a demographic transition where there are now more people over 60 than under 5 globally. Most countries, including the United States, are now aging societies. This transition is the result of both improvements in life expectancy and lower birth rates. Aging societies call for us to rethink the roles of older men and women in our society as well as the opportunities for all Americans to think about lifelong education, more flexible patterns of work, and new family and friendship dynamics.

For more information on this timely, informative program and other upcoming WellSpring events, visit [here: www.theosborn.org/events](http://www.theosborn.org/events)

The Osborn has received many accolades, including being chosen by readers of *Westchester Magazine* as “Best of Westchester” in the Senior Residence category in 2023-2025. The Osborn Pasciuti Pavilion skilled nursing center has been named as a “Best Nursing Home” for multiple years by *U.S. News & World Report* and was recognized as one of the nation’s “Best Continuing Care Retirement Communities” by *Newsweek*.

About The Osborn

The Osborn is a private, non-profit, continuum of care community, founded in 1908 and based in Rye, New York. It offers Independent Living, Assisted Living, Memory Care, and Skilled Nursing, as well as Inpatient and Outpatient Rehabilitation. In addition to residential and health care services on its 56-acre campus, the organization provides home care and companion services in Westchester and Fairfield Counties through Osborn Home Care. The Osborn is accredited by CARF International and has an ‘A’ rating from Fitch. Individuals and families interested in learning more about The Osborn are invited to call 888-9-OSBORN or visit www.theosborn.org.



Dr. Lisa Berkman