

Press Release

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Joe Twardy Elevated to Oversee All Health Plan Operations, Further Strengthening Nascentia's Leadership in Managed Long-Term Care

Syracuse, NY, November 6, 2023 - Nascentia Health is thrilled to announce the promotion of Joe Twardy to the position of President, Health Plans / Chief Administrative Officer. In his four-year tenure with Nascentia Health, Joe has played a pivotal role in transforming the Health Plan division, making it the highest-performing Upstate New York Managed Long-Term Support and Service (MLTSS) health plan.

In his new capacity, Joe will oversee a comprehensive portfolio of health plans, including Medicaid Managed Long Term Care, Medicaid Advantage Plus (a fully integrated dual Medicare and Medicaid product for the most at-risk New Yorkers), Medicare Dual Eligible Special Needs Plans (D-SNP), and Medicare Institutional Special Needs Plans (I-SNPs) health plans. This diverse range of services highlights Nascentia Health's commitment to providing tailored, high-quality care solutions for its clients.

As the former Executive Vice President of Health Plans, Joe demonstrated exceptional leadership, overseeing a remarkable transformation of Nascentia's Health Plan operations. His dedication, expertise, and strategic vision have positioned Nascentia Health as the premier leader in the upstate managed long-term care space. Covering 48 counties across upstate NY, Nascentia Health ensures the right care at the right time for a diverse population.

Joe Twardy's experience includes leading MLTSS plans at Fidelis Care (now part of Centene) and holding Vice President positions at Ellis Medicine and Hospital. He has also served as the President and CEO of the Visiting Nurse Service of Northeastern NY.

Kate Rolf, President and CEO, remarked, "I am excited to see Joe Twardy take on the role of President, Health Plans / Chief Administrative Officer at Nascentia Health. His leadership and dedication have been instrumental in elevating our Health Plan to new heights. Under his guidance, we are committed to providing tailored, high-quality care solutions to our clients across upstate New York."

We congratulate Joe on his well-deserved promotion and look forward to Nascentia Health Plan's continued success under his guidance.

Nascentia Health is one of Central New York's largest home healthcare agencies, offering in-home skilled nursing and therapies and home health aides. Across the state, Nascentia offers managed long-term care in 48 counties and Medicare Advantage Plans in 15 counties. Founded in Syracuse in 1890, the agency has more than 130 years of expertise in home care and more than 500 employees in offices in Syracuse, Rome, Rochester, Buffalo, and Albany. Learn more at nascentiahealth.org.