



## **VillageCare Assisted Living Resident and Centenarian Publishes Her First Book**



*Sophie Gerber Publishes Her First Book in Her Second Century*

Sophie Gerber, a New York legend and VillageCare at 46 & Ten Assisted Living resident, recently published her first book, *The Trunk in the Attic: Memories and Musings of a Hundred-Year-Old Broad*, at 100.

The book, an Amazon #1 new release and #3 best-seller when first released, is a quirky collection of short stories that paints a candid portrait of a decidedly unconventional woman and the greatest generation to which she belongs.

As a wife, mother, writer, publicist, actor, and singer, Ms. Gerber has made an art of reinventing herself at every stage of her life (even after getting Covid at 99). This is reflected in her first book. We follow Ms. Gerber as she hangs out at her Russian immigrant parents' Bronx candy store-cum-bookie haunt; works for New York society columnist "Cholly Knickerbocker," meets WWII servicemen in Times Square; maintains a mysterious relationship with her husband that transcends the grave; and reinvents herself as a performer (and now book author) as a widow in the second half of her life.

Ms. Gerber, a long-term resident at VillageCare at 46 & Ten, was recently honored by residents and staff for the publication of her book. Activities were held to commemorate the launch.

### **About 46 & Ten**

*Located in Midtown Manhattan, VillageCare at 46 & Ten is an Assisted Living Program (ALP) that respects the independence and privacy of its residents, while providing excellent personal care services that foster comfort and caring. 46 & Ten is an established community offering safety and security in an environment where seniors find companions and activities that enhance their lifestyle. Additionally, a Registered Nurse is available to complete nursing assessments and to develop a personalized Plan of Care to ensure that all residents' needs are met.*