

FOR IMMEDIATE RELEASE

## New York Long-Term Care Leaders Unite to Expand ACHCA Scholarship Program for Future Administrators

Rhinebeck, NY – The New York Chapter of the American College of Health Care Administrators (ACHCA) recognized the recipients of its growing leadership scholarship program at the 2026 NYC-ACHCA Annual Conference, highlighting a collaborative effort among long-term care organizations to invest in the next generation of leaders serving older adults.

The scholarship initiative was launched in 2025 by Karen Stritt, LCSW, LNHA, FACHCA, CEO and President of Brookmeade Community in Rhinebeck, New York. Brookmeade established two scholarships to support emerging professionals pursuing careers in long-term care leadership:

Future Health Care Leaders – Administrator Track  
Long-Term Care Nursing Administration Track

Each scholarship includes conference registration, accommodations, and a one-year ACHCA membership, providing recipients with access to leadership development, mentorship, and professional networking.

The impact of the initiative quickly gained momentum, inspiring additional providers to participate. In 2026, Teresian House Center for the Elderly in Albany, led by President and CEO Frank Yeboah, and The Norwegian Christian Home and Health Center, led by Anthony Restaino, CNHA, FACHCA, joined the effort by establishing scholarships of their own.

Scholarship recipients recognized at the 2026 NYC-ACHCA Annual Conference include:

Leah Tuey, Nurse – Brookmeade Scholarship Recipient  
Annabel Maher, Student, Siena College – Teresian House Scholarship Recipient  
Timothy Fowler, Assistant Administrator, Teresian House – Teresian House Scholarship Recipient

“These scholarships are about mentorship, leadership, and ensuring that the next generation of professionals is prepared to care for our seniors with excellence,” said Karen Stritt. “If we want strong leadership in long-term care tomorrow, we must actively invest in it today.”

Frank Yeboah, President and CEO of Teresian House Center for the Elderly, added, “Supporting emerging leaders is essential to the future of our profession. We are proud to join this initiative and help develop individuals who will lead with compassion and skill.”

Anthony Restaino, CNHA, FACHCA, President and CEO of The Norwegian Christian Home and Health Center, stated, “Leadership development is critical to sustaining high-quality care in our field. Programs like this create meaningful opportunities for talented professionals to grow and strengthen our profession.”

The New York Chapter of ACHCA congratulates this year’s recipients and looks forward to continuing to expand the scholarship program to cultivate future leaders dedicated to serving older adults.

#### About ACHCA

The American College of Health Care Administrators (ACHCA) is the professional society for leaders dedicated to excellence in post-acute and aging services leadership. ACHCA provides professional development, mentorship, and leadership opportunities to administrators and emerging professionals committed to advancing quality care for older adults.

#### Media Contact:

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From Left to Right- Frank Yeboah Teresian House Albany, Karen Stritt Brookmeade Community, Rhinebeck, Anthony Restaino, The Norwegian Christian Home, Brooklyn.



From Left to Right: Frank Yeboah, Teresian Home, Leah Tuey Nurse recipient, Karen Stritt, Brookmeade Community, Anthony Restaino The Norwegian Christian Home, Timothy Fowler Scholarship Recipient, Annabel Maher, Scholarship Recipient.



From Left to Right: NYC-ACHCA Executive Board: Michael Hotz; Past Chair, Shennoy Wellington-Roberts; First Vice-President, Mark Sanchez; President, Christopher D. Lynch; Vice President, Karen Stritt; Treasurer