

Name: \_\_\_\_\_ Date \_\_\_\_\_

## Exam Practice Test #15 during Covid 19 Quarantine

**Multiple Choice.** Choose the correct answer.

- When feeding a resident who is lying in bed, the head of the bed is raised to
  - Make chewing food easier
  - Decrease the risk of aspiration
  - Improve the resident's digestion
  - Allow for better respirations between bites
- To help prevent residents who are confused from accidentally leaving the nursing home, the nursing home may
  - Block exit doors
  - Restrain residents
  - Place large stop signs on doors
  - Keep confused residents in their rooms
- A resident must stay in bed for long periods of time. Which of the following actions will best prevent the resident from developing pressure ulcers?
  - Put hand rolls in the resident's hands
  - Avoid raising the head of the bed
  - Turn and position the resident according to schedule
  - Provide range of motion exercises (ROM) every two hours
- The nurse aide receives resident assignments from the charge nurse at the beginning of the shift. When planning priorities, it will be most important for the nurse aide to
  - Decide break times with the other nurse aides
  - Review assignments with others to check if residents are divided evenly
  - Check all assigned residents to see if anyone has immediate needs
  - Check with the activity department to see what they have scheduled for residents during the shift
- A resident, who is on bed rest, asks for a bedpan. The resident is not able to lift own hips to help with the placement of the bedpan. The best action by the nurse aide is to
  - Ask the nurse if the resident should have a urinary catheter
  - Turn the resident onto one side to place the bedpan under the residents' hips
  - Place an underpad or incontinent brief under the resident to collect the urine
  - Have another nurse aide assist to lift the resident onto the bedpan
- The goal when removing gloves that are soiled is to
  - Remove quickly since there is a risk of exposure to germs
  - Dispose of the gloves in a biohazard-safe trash can
  - Avoid contact with the outside of the gloves
  - Keep germs in the trash can area
- When providing foot care, the nurse aide observes an open sore on the resident's foot. The nurse aide should
  - Pat gently to dry and cover with a dry dressing before applying a sock
  - Stop the foot care immediately and ask the resident what happened
  - Report the skin opening to the charge nurse as soon as possible
  - Check the resident's sock for any wound drainage

From prometric test questions 4/10/20 test bank of 150 LMR/lmr

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8. A resident is being showered while sitting in a shower chair. The resident says, "I feel weak. I think I'm going to faint." The nurse aide's immediate concerns are: calling for help and
  - (A) Making sure the water temperature is proper
  - (B) Getting the resident back to her room right away
  - (C) Finishing the shower quickly by washing only soiled areas
  - (D) Keeping the resident safe and comfortable
  
9. The first step the nurse aide should take when discovering a fire is to
  - (A) Check how quickly the fire is spreading
  - (B) Remove any residents near the fire
  - (C) Throw a blanket over the flames
  - (D) Pull the alarm
  
10. An alert resident has requested to be left alone with her husband who is visiting. The resident closes the door to her room. What should the nurse aide do?
  - (A) Allow the resident to be alone with her spouse
  - (B) Suggest that the husband take the resident home for a visit
  - (C) Explain that the facility's policies do not allow for this type of visiting
  - (D) Remind the resident that this is a nursing home and not a hotel