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Regional Hospitals Partner to Ensure Local Access to Orthopedic Care

St. Mary's Healthcare, Nathan Littauer Hospital launch Fulton-Montgomery Medical Mohawk Valley Orthopedics joins as first service line.

AMSTERDAM, N.Y., Jan. 2, 2025—Three long-standing, independent regional providers—St. Mary's Healthcare, Nathan Littauer Hospital & Nursing Home, and Mohawk Valley Orthopedics—have joined forces to ensure that orthopedic care is available where residents need it most: close to home.

The two hospitals have launched Fulton-Montgomery Medical, a professional corporation that enables them to partner in attracting and retaining much-needed providers and medical practices.

The joint venture already is having the desired effect. As of January 2025, Mohawk Valley Orthopedics, the leading sports medicine and orthopedic group for the Mohawk Valley Region, will become a service of Fulton-Montgomery Medical, PC.

“Mohawk Valley Orthopedics has been providing excellent care, right here in Fulton and Montgomery counties, for decades,” said Sean Fadale, president and CEO of Nathan Littauer Hospital and Nursing Home. “This new partnership enables patients to continue to receive the highest level of care from two exceptionally skilled orthopedic surgeons—Dr. Russell Cecil and Dr. Gerald Ortiz—whom our community already know and trust.”

As partners in Fulton-Montgomery Medical, St. Mary's and Nathan Littauer will collaborate to ensure continued, ease of access to orthopedic care locally. Equally important, the hospitals will partner in recruiting additional providers to expand the scope of services offered by the practice to meet the growing orthopedic needs of the region.

The hospitals anticipate that the joint-venture may present additional opportunities to improve local access to other services that can have a positive impact on community health and quality of life.

“This collaborative approach benefits everyone involved: the hospitals, the individual medical practices and, above all, our community,” said Jeffrey Methven, president and CEO of St. Mary's Healthcare. “Through this partnership, we can pool limited resources for certain service lines, enhance our ability to reduce duplicate expenses, and free those funds to invest in attracting and retaining highly qualified specialists. That, in turn, will result in improved, more seamless access to care.”

About Fulton-Montgomery Medical, PC: A joint venture of St. Mary's Healthcare and Nathan Littauer Hospital & Nursing Home, Fulton-Montgomery Medical, PC, was founded in fall 2024 to help ensure continued, seamless access to essential care locally. Instead of competing on certain service lines, the two independent community hospitals created a vehicle to collaborate in attracting and retaining physicians and other providers. Orthopedics is the first specialty under this new partnership.

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