



FOR IMMEDIATE RELEASE

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New Center for Mobility & Rehabilitation Opens at The Manor

(Oswego, NY – March 20, 2024) The quality and care at The Manor at Seneca Hill remains one of the best in Central New York. As a 5-star quality and 5-star rated overall facility by the Centers for Medicare and Medicaid (CMS), Oswego Health is excited to share that on March 19th, they celebrated the official opening of a new state-of-the-art rehabilitation therapy center for its residents who require physical therapy, occupational therapy, or speech therapy before returning home.

Those needing special attention following surgery, an accident, a stroke, a hip or knee replacement, or needing rehabilitation after a fall, will all benefit from the new Center for Mobility & Rehabilitation at The Manor that promotes wellness and independence.

The dedicated team at The Center uses advanced rehabilitation equipment to get residents moving again, including an ADL suite along with therapeutic exercise equipment such as the motorized OmniCycle®. Residents who struggle to participate in therapeutic exercise due to strength, pain, coordination, neurological, orthopedic, or cardiopulmonary challenges, will have a personalized regimen designed to build their strength once again.

A car transfer simulator is available at The Center to help residents learn and practice car transfer skills in the year-round comfort and safety of a clinical setting. Loaded with features such as functional doors, reclining bucket seats, a tilted steering column, and wheelchair loading space, the car transfer simulator helps prepare residents and their families for navigating transportation upon their return to the community.

The Center also features a Neurogym sit-to-stand trainer that facilitates early weight-bearing and active hip and knee mobilization through a counterweight mechanism. This piece of equipment improves transfers and enhances resident rehabilitation, and builds confidence in a controlled setting.

The Greater Oswego-Fulton Chamber of Commerce joined Oswego Health and community members for an open house and official ribbon cutting where rehabilitation staff demonstrated each piece of equipment on March 19th. Administrator of The Manor, Leigh Hilgenberg, LMSW, C-SWHC, LNHA, who was the visionary for the new Center, shared with those in attendance, “We wanted to elevate our rehabilitation therapy gym to reflect the five-star quality of our facility. With this new Center for

Mobility & Rehabilitation at The Manor my team strives to be the provider of choice for short-term rehabilitation in CNY and help our residents achieve better outcomes to successfully return to the community.”

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For more information about The Center for Mobility & Rehabilitation at The Manor, please call 315-349-5300 or visit oswegohealth.org.

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About Oswego Health:

The mission of Oswego Health is to provide accessible, quality care and improve the health of residents throughout Oswego County. As a nonprofit healthcare system established in 1881, Oswego Health is proud to be Oswego County's largest private employer. More than 1,300 employees spread throughout its 17 locations, work for the Oswego Health system, which includes the 132-bed community Oswego Hospital, a 32-bed psychiatric acute-care facility with multiple outpatient behavioral health service locations, The Manor at Seneca Hill, a 120-bed skilled nursing facility, and Springside at Seneca Hill, an independent retirement community. The health system also operates Oswego Health Home Care, the only hospital-based certified home healthcare agency in the County as well as two outpatient centers, including the Fulton Medical Center, offering urgent care, lab, medical imaging, physical therapy, and occupational health services, and the Central Square Medical Center, offering urgent care, lab, medical imaging, and physical therapy services. In addition, Oswego Health includes the Oswego Health captive professional corporation, Physician Care P.C., providing physician services in orthopedics, cardiology, ENT, gastroenterology, breast care, audiology, general surgery, bariatrics, urology, and primary care. For more information about Oswego Health visit www.oswegohealth.org.





