



For Immediate Release

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Maternal Child Visitor Restrictions Lifted for Wynn Hospital

UTICA, N.Y. – Visitor restrictions put in place for the Maternal Child units at the Wynn Hospital have been lifted. The restrictions were in place to better protect patients and employees from the flu, COVID, RSV and other illnesses. The NYS Department of Health, MVHS Chief of Pediatrics, as well as MVHS Maternity leaders have found these illnesses to no longer be prevalent and have lifted the restrictions.

Visitation is now as follows:

- **Labor and Delivery**

- Two support persons, including a doula if requested, may accompany the patient throughout labor, delivery and the postpartum period, including recovery, until discharge to home. (These support persons must wear a green bracelet and there is no switching out). The support persons can be the patient's spouse, partner, sibling, parent or other persons over the age of 16 of their choice. These two designated support persons may be with the patient outside of the hospital's regular visiting hour blocks.
- After delivery, until transferred to Mother and Baby Unit, two additional persons may visit. Only four (4) total visitors are allowed in the mother's room at one time.

- **Mother and Baby Unit**

- Visiting hours are from 10 a.m. to 2 p.m. and from 4 p.m. to 8 p.m. The time period of 2 p.m. to 4 p.m. is designated quiet time for new mothers to rest.
- During these visiting hours, the two support people from Labor and Delivery and an additional two visitors may be on the unit.
- Siblings of the newborn are allowed to visit with an adult visitor from 10 a.m. to 2 p.m. and 4 p.m. to 8 p.m. and may not be left unattended with the mom patient.
- Only four total visitors are allowed in the mother's room at one time.

- **Pediatrics**

- Parent shall designate two support persons (over 16 years old) at the time of admission who are permitted to visit the patient with the parents present.
- Siblings of the patient are allowed to visit with an adult visitor from 10 a.m. to 2 p.m. and 4 p.m. to 8 p.m. and may not be left unattended.

Please visit mvhealthsystem.org/visitation for full visitation information.

If you feel ill, please stay home and delay your visit until you feel better to keep yourself and the patients safe.

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