

Name: \_\_\_\_\_ Date \_\_\_\_\_

## Exam Practice Test #8 during Covid 19 Quarantine

**Multiple Choice.** Choose the correct answer.

1. A resident who was admitted today is sitting in a chair in his room. He asks for help to go to the bathroom. The nurse aide knows the resident's care plan has not been completed. To help the resident, the nurse aide should
  - (A) Ask the resident to use a walker while assisting the resident to the bathroom
  - (B) Get another nurse aide's help to walk the resident to the bathroom
  - (C) Position a commode chair next to the chair the resident is sitting in
  - (D) Ask the charge nurse for instructions on what assistance the resident needs
  
2. A resident tells a nurse aide about being bored. The resident says' "My days seem to last forever." What should the nurse aide do?
  - (A) Tell the resident, "I know what you mean. My days seem long too."
  - (B) Ask the charge nurse if the resident can have some medication
  - (C) Ask about activities the resident enjoyed in the past
  - (D) Tell the resident to check the activity schedule
  
3. A nurse aide notices that a resident with dementia is walking with a limp on the right foot. The nurse aide's first response should be to
  - (A) Return the resident to bed
  - (B) Provide the resident with a cane
  - (C) Tell the nurse the resident is having foot pain
  - (D) Remove the resident's shoe and inspect the foot
  
4. A resident who must stay in bed is at risk for developing
  - (A) Dementia
  - (B) Arthritis
  - (C) Footdrop
  - (D) Parkinson's disease
  
5. The nurse aide's role in assisting with a bowel and bladder retraining program includes
  - (A) Being consistent with carrying out the toileting schedule
  - (B) Notifying the family that the resident has been placed on the program
  - (C) Determining the type of program best suited for the resident
  - (D) Checking the resident every four hours for incontinence

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6. The resident is on a toileting schedule for bladder retraining. Which of the following is the best response by the nurse aide when it is time to toilet the resident?
  - (A) "Have you been able to hold it since the last time you went to the toilet?"
  - (B) "How much longer do you think you can hold it?"
  - (C) "May I please check to see if you are wet?"
  - (D) "Can I help you to the bathroom now?"
  
7. When checking the resident's urinary drainage bag, the nurse aide observes that the resident has had about 50 ml's of urine output in the last six hours. What should the nurse aide do first?
  - (A) Begin offering the resident fluids every 15 minutes
  - (B) Report the observation to the charge nurse immediately
  - (C) Ask if the resident is having any pain when urinating
  - (D) Check to see if the tubing is kinked or bent
  
8. The purpose of a gait or transfer belt is to
  - (A) Limit physical contact with ill residents who are transferred or walked
  - (B) Protect the nurse aide's back when walking or transferring residents
  - (C) Help steady and support the resident when transferring or walking
  - (D) Allow residents to transfer or walk independently
  
9. A resident who used to go to the bathroom by herself now asks for assistance to walk to the bathroom. What is the appropriate response by the nurse aide?
  - (A) Assist the resident but report the change to the charge nurse
  - (B) Understand that these changes are just a normal part of aging
  - (C) Update the resident's care plan and explain the changes to the charge nurse
  - (D) Encourage independence and suggest that the resident try going to the bathroom on her own
  
10. The nurse aide is bathing a resident and notices new swelling in the resident's ankles. Which of the following is the best response by the nurse aide?
  - (A) Ask if the resident has been eating salty foods lately
  - (B) Elevate the resident's legs and check again later
  - (C) Report the swelling to the charge nurse
  - (D) Avoid bathing the resident's lower legs