



VRS' HOSTS LIVING WITH ALZHEIMER'S EVENT For Early Stage Caregivers

FOR IMMEDIATE RELEASE

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Herkimer, NY – Valley Residential Services in collaboration with the Alzheimer's Association, is hosting a Lunch n' Learn event, *Living With Alzheimer's: For Early-Stage Caregivers*, on Monday, March 4, 2019, 12 p.m. to 3:30 p.m., at VRS, 323 Pine Grove Road, Herkimer.

This education program of the Alzheimer's Association will discuss the early stage of Alzheimer's Disease and is designed to provide care partners with the knowledge, tools and strategies needed to cope with a diagnosis of Alzheimer's or related dementia. The conversation will include discussion on symptoms associated with early-stage Alzheimer's, planning for the future, strategies for coping with changes, developing a medical team, disclosing the diagnosis and work issues, legal, financial and safety issues and caring for yourself.

Advance registration is required. Please call {315} 617-4025 ext. 100 for more information or to schedule your reservation. This program is one of a three-part series provided by the Alzheimer's Association. The second program will focus on middle stage Alzheimer's and is scheduled for Monday, April 1, 2019. The third program in the series is scheduled for Monday, May 6, 2019 and will focus on late stage of the Alzheimer's disease.

About Valley Residential Services

Valley Residential Services (VRS) provides Enriched Housing and an Assisted Living Program for those 62 years of age or older. Located in East Herkimer, VRS offers care-free senior living with the necessary support services to allow residents to retain independence within their community without the hassles of home ownership.

About Bassett Healthcare Network

Bassett Healthcare Network is an integrated health system that provides care and services to people living in a 5,600 square mile region in Upstate New York. The organization includes six corporately affiliated hospitals, over two dozen community-based health centers, 20 school-based health centers, two skill nursing facilities, including Valley Health Services in Herkimer, and other health partners in related fields. Bassett Medical Center, the foundation of the network, is a 180-bed acute care inpatient teaching hospital located in Cooperstown, NY. To learn more about services available throughout the Bassett Healthcare Network, visit www.bassett.org. Follow Bassett on Facebook and Twitter at facebook.com/Bassett.Network and twitter.com/BassettNetwork.

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