

# A Roadmap to a Rational, Sustainable and Replicable System of LTC Services in the Eastern Adirondacks

EALTCC Meeting  
Lake George, NY  
March 5, 2014



## Today's Objectives

1. Review service categories and data sources
2. Discuss historical Medicaid long term care service utilization trends by county
3. Overview of baseline North Country Demand Estimation Model
4. Discuss potential model variables
5. Update on NYS DOH North Country Redesign Commission
6. Next steps

## NYSHealth Grant

### Objectives:

- Assess demand and supply of long-term care supports and services (LTCSS) in the 6-county Eastern Adirondacks region (Clinton, Essex, Franklin, Hamilton, Warren, Washington)
- Identify the needed configuration of services in the region and develop an action plan to rebalance those services
- Pursue opportunities to enhance operational efficiencies and promote financial stability
- Pursue regulatory flexibility targeted towards the needs of the region
- Develop the framework for a proposal to NYSDOH to support transitional revenue needs

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## NYSHealth Grant

- Timeframe: October 1, 2013 – September 30, 2014
- Scope of Activities
  - Establish and convene a core group of partner organizations
  - Conduct detailed situational analysis
  - Refine assessment of future needs
  - Present assessment and plan to coalition
  - Conduct community forum

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## Key Deliverables

1. A long-term care support and services (LTCSS) needs assessment and service gaps analysis for the region
2. A draft strategic action plan that addresses the needs assessment and service gaps analysis
3. A community forum where the draft strategic action plan will be presented and discussed with a larger stakeholder group
4. A final version of the strategic action plan

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## The Data

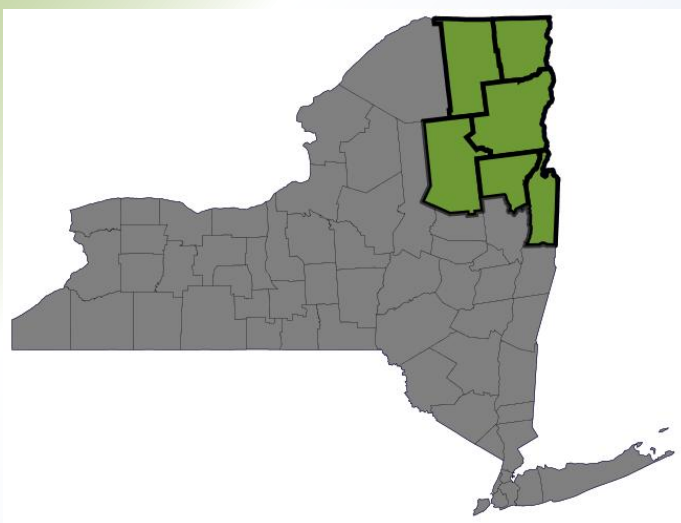
- Population projections – Cornell Program on Applied Demographics
- Salient Medicaid claims data limitations
  - Medicaid services only
  - Service unit volume definitions vary
  - De-identified data view
  - Shift to managed care and changes in reporting conventions (e.g. change from FFS to episodic in CHHAs)

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Service Type	Definition
Nursing Home - Long Stay	Commonly referred to as custodial care; typically involves a stay of greater than 100 days.
Nursing Home - Post-Acute	A level of care that requires involvement of skilled nursing or rehabilitation staff (e.g. IV injections, physical therapy); typically involves a stay of less than 100 days.
Assisted Living Program	A Medicaid-funded program that combines residential and home care services. Residents must be medically-eligible for nursing home placement, medically-stable, and not in need of continual nursing care nor chronically bedfast. It is designed as an alternative to nursing home placement for individuals who do not require intensive medical intervention and monitoring. The operator of the assisted living program is responsible for providing or arranging for resident services that must include room, board, housekeeping, supervision, personal care, case management and home health services.
Adult Day Health Care	A community-based long term care program that provides comprehensive health care services in a congregate day setting, including skilled nursing, case management, clinical management, nutrition, rehabilitation, and recreation, personal care services.
Home Health Services	Skilled care provided in the home that includes but is not limited to skilled nursing care, physical therapy, speech-language pathology services, occupational therapy, medical social services, and home health aide services.
Personal Care Services	Some or total assistance with personal hygiene (e.g. bathing, bathroom and/or bedpan routines), dressing and feeding, and nutritional and environmental support functions (e.g. shopping, meal preparations, housekeeping).

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## Medicaid Long Term Care Service Utilization Trends



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## The Model



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## Baseline

Start with:

- Population projections (Cornell Program on Applied Demographics)
  - 2010, 2015, 2020, 2025, 2030, 2035, 2040
  - Male/female by age group
  - By county
- Current utilization rates by age group, by county for:
  - Nursing home long-stay
  - Nursing home post-acute
  - Assisted living
  - Adult day health care
  - Home health
  - Personal Care

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