



Press Release  
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**Parker at Your Door expands to Brooklyn, welcomes new nurse practitioner**  
*Medical house call service for older adults now serves Kings County*

*New Hyde Park, New York* – As Parker At Your Door's Medical House Call service expands into Brooklyn, it welcomes a new nurse practitioner, Elena A. Kuzin-Palmeri, to the practice.

Elena comes to Parker with over 30 years of nurse practitioner experience and has worked in a variety of settings. She brings a wealth of expertise in palliative care, hospice care, and end of life care with a focus on symptom management and comfort care. She loves working in the community and has a passion for working with the elderly population. She has worked in home care for over 20 years and finds this particular work very challenging and exciting.

Elena graduated with her Masters Degree in Nursing from the Hunter-Bellevue School of Nursing Gerontological Nurse Practitioner Program in 1990. She has three certifications - Advanced Oncology // Gerontological Nurse Practitioner // Advanced Certified Hospice and Palliative Nurse. She has co-authored two books - "100 Questions and Answers about Radiation Therapy" and "100 Questions and Answers about Head and Neck Cancer" and has written a chapter in "Understanding and Managing Oncologic Emergencies." In addition to Parker at Your Door, Elena also works at NYU Lutheran Medical Center.

Parker at Your Door, a program through New Hyde Park-based Parker Jewish Institute, provides quality and convenient medical care in the comfort of the homes of patients who live in Nassau, Suffolk, Queens and now Kings Counties. Through the program's Medical House Calls service, patients receive quality and convenient primary care without ever leaving their homes.

As the region's aging population continues to increase, and people live longer, community health programs such as Parker At Your Door will become even more essential.

Scheduled visits begin with a simple phone call, and patients have 24-hour telephone access to the Parker at Your Door care team. The program works with a variety of insurance plans, including through Medicare and AgeWell, among others. A Parker at Your Door coordinator works with families to determine if a new patient would qualify.

The Parker At Your Door's comprehensive medical team includes a physician, registered nurse, social worker and care navigator. In getting to know patients, the medical team helps to ensure proper diagnosis and care. They collaborate to help patients adhere to prescribed medical treatment, including for acute and chronic diseases and conditions such as diabetes, hypertension, COPD and other ailments. And they arrange follow-up appointments so that patients receive continued care.

Many Parker At Your Door patients sign up for the service when they are discharged from Parker's Health Care and Rehabilitation facility. These and other Parker At Your Door patients are able to keep up with any needed blood work, x-rays, flu and pneumonia shots, podiatry care, physical therapy and more – all without leaving their homes.

The team also helps patients gain access to other services that they need.

“The level of support and care from Parker At Your Door helps enable older adults to remain safely and comfortably in their homes rather than cope with repeated hospital admissions,” said Michael N. Rosenblut, Parker Jewish Institute's President and CEO. “Our program provides a very important and needed service for the community.”

#### About Parker Jewish Institute for Health Care and Rehabilitation

Parker Jewish Institute for Health Care and Rehabilitation, which is headquartered in New Hyde Park, New York, is a leading provider of Short Term Rehabilitation and Long Term Care. At the forefront of innovation in patient-centered health care and technology, the Institute is a leader in teaching and geriatric research. Parker Jewish Institute features its own medical department, and is nationally renowned as a skilled nursing facility, as well as a provider of community-based health care, encompassing Social Adult Day Care, Home Health Care, Medical House Calls, Palliative Care and Hospice.

For more information, please call (718) 289-2606.

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