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## DR. MYERSON AND DR. HONG TO SPEAK AT VHS Coronary Heart Disease, risk factors and prevention

FOR IMMEDIATE RELEASE

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Herkimer, NY – Bassett Healthcare Doctors, Merle Myerson and Mun. K. Hong, will speak at Valley Health Services, 690 West German Street, Herkimer, on Thursday, February 28, 2019. 8 a.m., in the Activities room as part of February Heart Month programming.

Dr. Myerson's discussion, *How You Can Prevent Heart Disease: Risk Factors and Beyond*, will encompass an overview of cardiovascular risk factors, why they are important, and what to do to control them. Dr. Myerson is an Attending Cardiologist for Bassett Healthcare Network and Director of the Preventive Cardiology Program and Lipid Clinic, as well as managing the Pre-Exercise Heart Screening Program.

Dr. Hong's discussion, *Everything You Wanted To Know About Coronary Heart Disease, But Were Afraid To Ask*, will include a Q & A session. Dr. Hong is an Attending Physician for Bassett Healthcare Network and Chief of Cardiovascular Services.

For more information or to RSVP for this program, please contact Kristina at Valley Health Services at {315} 866-3330, ext. 2231 or my email at [ksouza@valleyhealthservices.org](mailto:ksouza@valleyhealthservices.org).

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### About Valley Health Services

Valley Health Services (VHS), is a privately owned, not-for-profit organization located in Herkimer, New York. A 160-bed long-term care and rehabilitation facility, VHS is a major health care provider and vital community asset. VHS provides care to a largely rural population. Learn more at <http://www.valleyhealthservices.org/>.

### About Bassett Healthcare Network

Bassett Healthcare Network is an integrated health system that provides care and services to people living in a 5,600 square mile region in Upstate New York. The organization includes six corporately affiliated hospitals, over two dozen community-based health centers, 20 school-based health centers, two skilled nursing facilities, including Valley Health Services in Herkimer, and other health partners in related fields. Bassett Medical Center, the foundation of the network, is a 180-bed acute care inpatient teaching hospital located in Cooperstown, NY. To learn more about services available throughout the Bassett Healthcare Network, visit [www.bassett.org](http://www.bassett.org). Follow Bassett on Facebook and Twitter at [facebook.com/Bassett.Network](https://facebook.com/Bassett.Network) and [twitter.com/BassettNetwork](https://twitter.com/BassettNetwork).

