



## **HEALTH ALERT**

### **HIGH HEAT EVENT**

**July 16-17, 2025**

**Guidance for Hospitals, Diagnostic and Treatment Centers, Nursing Homes, Adult Care Facilities, Homecare, Hospice and Dialysis Centers**

An extreme heat event is expected to impact the State with very hot and humid weather and extreme temperatures beginning today, July 16<sup>th</sup>, 2025.

Heat Advisories and Air Quality Alerts have been posted for much of the State through Thursday. The latest information on active weather watches, warnings, and advisories can be found on the [National Weather Service Alert Page](#).

In anticipation of this event, facilities are strongly encouraged to review the high heat guidance previously distributed, facility emergency response plans, and ensure backup systems are functioning properly. Additionally, facilities should report any disruption of services or infrastructure to the Department's Surge Operations Center.

#### **KEY POINTS**

- Forecasts are calling for combined temperatures into the upper 90's, and heat indices pushing the "feels-like" temperatures to 100 degrees or more in some areas, including urban areas, the valleys, NYC and Long Island. Overnight hours are expected to provide little relief, as temperatures will continue to be high.
- Air Quality alerts are forecasting air quality index values to reach 100 or more. The New York State Department of Health recommends that individuals consider limiting strenuous outdoor physical activity to reduce the risk of adverse health effects.
- Facilities and provider agencies should take precautionary measures to ensure patient and resident safety and limit outdoor activities. Closing doors to unoccupied spaces as well as window shades and turning off lights where practicable may help to reduce indoor temperatures and reduce strain on heating, ventilation and air conditioning equipment.
- All licensed and regulated providers are reminded to report any disruption of services or infrastructure or indoor temperatures outside of regulatory ranges to the New York State Department of Health Surge Operations Center at (917) 909-2676. Refer to the Warm Weather Dear Administrator Letter for additional recommendations.