

The Brookmeade Community
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American Board of Family Medicine

PRESS RELEASE

Business News

Brookmeade Strengthens Resources with Certified Physician through American Board of Family Medicine (ABFM)

Rhinebeck, NY – February 9, 2017 – Karen Zobel, CEO/Administrator of The Brookmeade Community and its Board of Directors are pleased to announce the recertification of Brookmeade’s physician Dr. Michael Jaeger with the American Board of Family Medicine (ABFM).

A traditional path to recertification is a comprehensive exam and a test of knowledge every seven years. Doctor Michael Jaeger M.D, took on a more challenging pathway to recertification developed by the ABFM. The alternative pathway has self-assessment modules focused on particular subjects, and they are constructed in such a way that gaps in knowledge are not only identified, but are corrected in the completion of exercises. One of the modules competed was, “care of the vulnerable elderly”. There was also performance improvement activities directly related to the quality of medical care actually provided. The recertification process required eight years to complete, and not all physicians who attempt this pathway complete it. This recertification is effective through the end of 2018.

As CEO/Administrator of Brookmeade, Ms. Zobel’s focus, over the past 5 years, has been to assemble and develop the best possible team of professionals available in the Hudson Valley. Her goal has been to secure Brookmeade’s reputation as *the best place to live and work in Dutchess County*. “Our mission is to enhance the quality of life for the aging by providing quality care in a loving environment. To hit a target like that you’re going to need to provide the best possible work environment and put the best of the best on your team. You’ve got to hire professionals who will get excited about such a mission, then get behind it and drive it forward. Doctor Michael Jaeger, M.D has what it takes to do just that”.

The American Board of Family Medicine is one of twenty-four medical specialty boards that work together to establish common standards for physicians to achieve and maintain board certification. The boards were founded by their respective specialties to protect the public by assessing and certifying physicians who meet specific educational, training, and professional requirements. Having a board certified physician who meets nationally recognized standards for education, knowledge, experience and skills, who is focused on geriatrics is a plus for the

Brookmeade Community. Dr. Jaeger has dedicated the past seven years to Brookmeade's mission, utilizing his knowledge of the aging process and skills in the diagnosis, therapy, prevention, and rehabilitation of geriatric residents in a long-term care setting.

The American Board of Family Medicine is a non-profit, independent medical association of American physicians who practice in family medicine and its sub-specialties.

“This type of continued development, growth and learning is always encouraged at Brookmeade Community as it enhances and ensures best practices for our residents and professional growth. It shows a commitment to one's profession and the desire to continuously improve one's knowledge base and add to his/her skillset.” Says Karen Zobel

Dr. Michael Jaeger, M.D graduated Northeast Ohio Medical University in 1991, specializing in Family Medicine. Interestingly enough, during his medical school training in 1988 the mentor for his summer research project involving geriatrics was connected with the construction of Maison-Aine in Akron Ohio. That was a prototype of “pod” type Alzheimer's nursing homes where residents could be moved to visually identical units with progressively higher levels of care as dementia progresses. Dr. Michael Jaeger, M.D has practiced geriatric medicine and cared for nursing home residents as a family practitioner for over 25 years. Dr. Jaeger lives locally and has many outside interests, including hiking and photographing the beautiful Hudson Valley area, and then painting some of the scenes.

“Doctor Michael Jaeger was bought on board based upon the strength of his experience, education, integrity, leadership skills, strong ethics and core morality”, states Ms. Zobel. “He supports our goal to ensure Brookmeade's standing as the *Best Place to Live and Work in The Hudson Valley*”.

“Brookmeade,” says Ms. Zobel “is all about quality of life. Everyone's quality of life; residents and staff alike. By strengthening staff development and increasing opportunities you create an even healthier organization which improves the quality of life experienced by our employees and therefore of our residents. Our employees feel a sense of pride in working at *The Best Long Term Care Facility in NY State*. From that already strong foundation we can reach even greater heights”.

About The Brookmeade Community: The Community at Brookmeade, located on 75 country acres just outside the Village of Rhinebeck, is a senior living retirement community serving the Hudson Valley and surrounding areas. Arbor Ridge offers independent living, The Terraces offers assisted living, and The Baptist Home provides long term care, sub-acute rehabilitation, palliative care and Out-Patient Rehabilitation Services.



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