



Nursing and Social Work Professionals Annual Conference

**November 14-15, 2023
at Tyler Technologies, Latham, NY**

2023 LeadingAge New York Nursing and Social Work Professionals Annual Conference

Who Should Attend?

The conference is a must-attend event for nursing, clinical and social work professionals in long term care who seek to enhance their knowledge, elevate their residents' experience, and improve their organizations.

Why Attend?

As the premier association for non-profit senior living, services, and housing providers in New York State, we provide everything you need to succeed:

Cutting edge content. You are bombarded by constant change in your field. We bring you the information you need to keep abreast of new trends, regulations, best practices and more.

New concepts. Our sessions will inspire fresh ideas, winning strategies, and innovative improvements you can quickly implement in your organization.

Formal and informal networking. There are ample opportunities throughout the conference to connect with old friends and meet new colleagues, whether in an interactive session, during a break, or over a drink and dinner.

Wide range of products and services. Our Exhibit Area features vendors bringing you the latest products and services. Find solutions that will save your organization money and help you perform even more effectively.

Credits. Credits. Credits! Earn up to **7.75 hours** of continuing education credit for a variety of credentials.

[REGISTER TODAY!](#)

Questions? Contact Cathy Bongermano at cbongermano@leadingageny.org



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Registration Information - **Select Your Registration Category**

Provider Member: Voluntary, not-for-profit, and governmental organizations operating within the state of New York providing care, housing and services for the aging and special needs populations that are members in good standing of LeadingAge New York.

Provider Non-Member: Not-for-profit organizations or for-profit companies providing care, housing and services for the aging and special needs populations that are not members of LeadingAge New York.

Provider Registration Fees	LeadingAge NY Members		Non- Members	REGISTER HERE
	On/Before October 16	After October 16		
Conference Fee (Tuesday, Nov. 14 - Wednesday, Nov. 15)	\$379	\$479	\$599	Attendance at all conference sessions; lunch, reception, and dinner on Tuesday; breakfast and hors d'oeuvre break on Wednesday; and access to online session materials.

Associate Member: Individuals and companies that are Associate members in good standing.

Business Non-Member: Companies that produce goods and services of interest to Provider Members and Provider Non-Members that are not members in good standing of LeadingAge New York.

If you are a business or business member, you must register using the link below. Business registrations made through the Provider Attendee Link above will be contacted to amend their registration. If you need assistance, contact Earl Gifford at egifford@leadingageny.org.

Business Registration Fees	LeadingAge NY Associate Members		Non- Members	REGISTER HERE
Conference Fee (Tuesday, Nov. 14 - Wednesday, Nov. 15)	\$1,199	\$1,499		Attendance at all conference sessions; lunch, reception, and dinner on Tuesday; breakfast and hors d'oeuvre break on Wednesday; and access to online session materials.

Payment Information

We accept Visa, MasterCard, and American Express. Check payments can be accommodated when necessary, however; *registrations will not be complete until payment is received. Full payment must be received by November 7 to ensure entry and access to online materials.*

Cancellations received by **November 7** are refundable, less a 25 percent administrative fee. Those who are registered and cancel after that date or do not attend the event will not receive refunds and are still responsible for payment in full if not already paid. Cancellations must be sent in writing to edu@leadingagency.org.

Conference Materials

Conference materials are available in our web-based conference app. Session handouts are posted to our app as we receive them from the presenters. Not every session has a handout. Before the conference, you will receive a link to the app so you can download the handouts or view them on your laptop or mobile device. You will have access to all session handouts, not just the sessions you attend. Materials will remain on our app for 90 days after the conference for your reference. Printed materials will not be provided.

Continuing Education Credit

LMSW/LCSW: LeadingAge New York, Inc., SW CPE is recognized by the New York State Education Department's (NYSED) State Board for Social Work as an approved provider of continuing education for licensed social workers. This conference offers **7.75 hours** of continuing education for Licensed Master Social Workers (LMSW) and Licensed Clinical Social Workers (LCSW).

NAB: LeadingAge New York's Financial Professionals conference is sponsored by the Foundation for Long Term Care (FLTC). The FLTC is a certified sponsor of professional continuing education with the National Association of Boards of Examiners for Long Term Care Administrators (NAB). This conference has been submitted for **7.75 hours** of continuing education credit for nursing home administrators under its sponsor agreement with NAB/NCERS. State licensure boards, however, have final authority on the acceptance of individual courses.

ACF/AL: A certificate of completion for up to **5 hours** will be sent to adult care facility and assisted living administrators upon verification of the hours attended.

[Click Here](#) for Session planner and continuing education credit snapshot.



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Hotel Accommodations

Tru by Hilton Albany Airport

798 Albany Shaker Road, Albany

\$104 plus tax/night single or double room

Reservation deadline is October 13, 2023.

To make reservations: [Tru by Hilton](#)

or call the hotel at 1-800-HILTONS. Please specify that you are part of the **LeadingAge New York Group Block** or provide the code **909** to receive the discounted rate.

Crowne Plaza Albany-the Desmond Hotel

660 Albany Shaker Road, Albany

\$135 plus tax/night standard room

Reservation deadline is October 23, 2023.

To make reservations: [LeadingAge NY HOTEL BOOK HERE](#)

Or call the Hotel directly at 518-869-8100. The **Group Code** is **LAD**.

Homewood Suites by Hilton Albany

216 Wolf Road, Albany

\$166 plus tax/night Monday - King Studio or 2 Queen 1 Bedroom

\$195 plus tax/night Tuesday - King Studio or 2 Queen 1 Bedroom

Reservation deadline is October 13, 2023.

To make reservations: [Book Here](#)

Or call the Hotel directly at 518-438-4300.

Scholarship Opportunities

LeadingAge NY Services Scholarship for a Nurse Attendee

In recognition of the extraordinary challenges facing the long term care nursing field and in celebration of the return of the conference to an in person event, LeadingAge New York Services is offering a scholarship for this year's conference that will underwrite the registration fee and hotel expense for one night. New directors of nursing or nursing professionals not in a director position are strongly urged to apply.

For an application and detailed information about the scholarship and eligibility, please go [here](#). ***The deadline for submission is October 15.*** LeadingAge New York Services will review all applications and will award one scholarship. ***The winner will be notified by October 20th, 2023.***

Polly Vincent DiCesare Scholarship for A Social Worker Attendee



Polly Vincent DiCesare was employed at the Presbyterian Home for Central New York in New Hartford for 38 years as director of social services. On Sept. 15, 2015, after overcoming tremendous odds and fighting cancer for over two years, Polly passed away.

To commemorate her dedication to the field of social work and the importance she placed on the education and training of her social services staff, the Polly Vincent DiCesare Educational Memorial Fund was established by her family. The scholarship will be used to provide financial assistance for a social worker to attend the LeadingAge New York Directors of Social Work Annual Conference. New directors of social services or social workers not holding a director position are strongly urged to apply. The **deadline for the application is October 15.** Click [here](#) for more information and to apply. ***The winner will be notified by October 20th, 2023.***

Conference Sessions and Events

TUESDAY, NOVEMBER 14

11:00 - 11:45 am Conference Registration

11:45 am - 12:00 pm Welcome and Opening Remarks

12:00 - 1:00 pm Keynote

Mindfulness and Emotional Intelligence: A Winning Combination for Leaders

Mindfulness and Emotional Intelligence is not just for those with hours to meditate. You will learn several effective short mindfulness practices that can be used in personal and work settings that allow a re-centering of body and mind from anxiety and stress into calm so best decisions and appropriate actions are made. This session will reinforce that stress is inevitable and in fast paced, high demand places of work, feelings of anxiety, burnout, and fatigue are present. These feelings are a natural part of human nature but need not be permanent. Mindfulness action along with a strengthening of Emotional Intelligence can be used to soften, alleviate, and allow calm, more present and active responses by using five minute techniques. These practices are easy and effective and can be built into the workday without reduction in productivity for the purpose of a focused, productive response to situations beyond one's control.

Ingrid Provident, Ed.D, OTR/L, FAOTA, National Education Specialist, Select Rehabilitation, McMurray, PA

1:00 - 2:00 pm Networking Lunch in the Exhibit Areas

This is your opportunity to chat with your colleagues and meet with vendors who can bring improvements and savings to your organization.

2:00 - 3:00 pm Concurrent Sessions

1) Metamorphosis: Leadership in a Transformative Culture

Leaders in long term care are traumatized, fatigued, disillusioned and even feeling hopeless to recover from the events of the COVID-19 Pandemic. With many considering opting out of the

next chapter of shaping the field, valuable experiential knowledge and support is at risk of being lost to the next generation who follows them. Yet these successors will still have to answer questions such as: What will the long term care community of tomorrow look like? Where is our organization headed? How will we meet the needs of future customers?

This session will spur a renewed energy and enthusiasm to move ahead in both those contemplating jumping ship and those who will inherit greater responsibilities. This discussion will inspire a new leadership perspective, moving all leaders to be creative and tenacious in meeting the challenges of the emerging culture of long term care. The concept of transformative leadership and strategies every leader should consider in creating an environment of care that speaks to the needs and satisfaction of everyone living and working in the community is the focus of this session.

Barbara Speedling, Quality of Life Specialist, Innovations for Quality Living, Bayside

2) Major MDS Changes are Here. How Do You Operationalize and Support Your Team Through This?

Significant changes are here with the *Long Term Care Facility Resident Assessment Instrument 3.0 User's Manual*, version 1.18.11. Facilities that can integrate the updates into their processes smoothly will move ahead with confidence that their team can ensure MDS accuracy and limit revenue loss. There's going to be multiple opportunities for operational roles in skilled nursing facilities to look at the way they are doing things now, the data they are collecting, and the systems they are using to collect that data. This session will help nurse leaders and IDT members strategize how to effectively operationalize the new MDS changes and provide education for their team members as well as tools to update appropriate policies and procedures. A brief overview of significant changes to the MDS 3.0, version 1.18.11, is provided while examining the interdisciplinary processes required to capture the new MDS items. We will then discuss how the change to MDS version 1.18.11 will impact the Five-Star Quality Rating System to prepare for the April and July Care Compare refreshes in 2024.

Susan Chenail, RN, CCM, RAC-CT, Senior Quality Improvement Analyst, LeadingAge New York Technology Solutions, Latham

Carrie Mosley, RN, BSN, Policy Analyst and Consultant, LeadingAge New York ProCare, Latham

Penny Mulder, RN, RAC-CT, Consultant, LeadingAge New York, ProCare, Latham

3:30 - 4:00 pm Break in the Exhibit Areas

Discover solutions to your challenges and find ways to make your job easier!

4:00 - 5:30 pm Concurrent Sessions

1) Person Centered Care to Person Directed Living

How do you balance Elders' independence and autonomy with safety? This session will provide participants with a deeper understanding of the progression of person-centered care to person-directed living for those with cognitive change. It will provide insights into creating-person directed goals for care planning aimed at meeting state regulations and directives. With many years of experience advocating for Elders and pushing the boundaries of regulations, participants will leave with examples of implementation and best practices for a whole team approach to supporting person-directed living for Elders with cognitive change.

Triciajean Jones, MHA, Director, Office for the Aging, Ontario County, Canandaigua

2) The Dementia Dilemma: Prevention and Treatment of Pressure Ulcers in a Vulnerable Population

Dementia is a growing challenge among facility residents. A high percentage of them also suffer from pressure injuries. Is this an inevitable consequence of the disease or are there steps your facility can take to mitigate this risk amongst your most vulnerable patients? Join us for an interactive discussion on this relevant topic.

Sue Grafton, RN, BSN, CWON, Clinical Support Manager, McKesson Medical-Surgical Extended Care, Baltimore, MD

Jeannette Podlogar, Regional Clinical Director, McKesson, Pittsburgh, PA

5:45 - 8:30 pm Reception and Dinner

Join colleagues, sponsors, exhibitors, and LeadingAge New York staff at this reception and dinner at the Crown Plaza Albany/The Desmond Hotel, 660 Albany Shaker Road.

WEDNESDAY, NOVEMBER 15

8:00 - 9:00 am Breakfast in the Exhibit Area

9:00 - 10:30 am Plenary Session

A Facility Assessment Approach to Behavioral Health and Behavioral Health Resources

Discover a practical approach to conducting a nursing facility behavioral health needs assessment. Learn to systematically identify the behavioral health demographics and needs of a facility's resident population and a method for evaluating a facility's current behavioral health services. Explore the range of behavioral health services and support that can be offered in and out of a facility to increase capacity to meet these needs of residents. Additionally, learn about the new Center of Excellence for Behavioral health in Nursing Facilities (COE-NF), the services they offer, and how to access them.

Jacob Berelowitz, LNHA, LMSW, CPHQ, CCM, Program Manager, Center for Excellence for Behavioral Health in Nursing Facilities, Alliant Health, New York

Ramon Monteiro, Center for Excellence for Behavioral Health in Nursing Facilities, Alliant Health, New York

10:30 - 10:45 am Break in the Exhibit Areas

10:45 - 11:45 am Concurrent Sessions

1) The Psychology of Behavioral Interventions: Helping Your Team Meet the Challenge

When residents present challenging behaviors, it is critical for the team to be committed to consistently implementing care plan interventions. During this session, participants will learn about some practical behavioral interventions to various challenges commonly encountered in the nursing home population. We will explore how to increase staff's effectiveness in responding to these behavioral challenges.

Jeanne M. Devine, Ph.D., Chief Clinical Officer, PsychAssociates Group, New York

2) An Interventional Approach to Health Literacy and Discharge Outcomes

This session delivers the necessary information on health literacy and its direct impact on discharge outcomes for Skilled Nursing Facilities (SNFs). A culture that understands the importance of health literacy on patient outcomes will have improved patient transitions to the community, including a decrease in potential hospital readmissions. Attendees of this session will gain insight into health literacy facilitation by identifying the risks of poor health literacy during

the discharge planning process, evidence-based solutions for improved techniques, and interdisciplinary system enhancements through understanding and addressing health literacy that will benefit SNFs, patients, clinicians, and caregivers.

Jean Singer, PT, RAC-CT, Director of Outcomes & Quality, Preferred Therapy Solutions, Wethersfield, CT

11:45 am - 12:15 pm Hors d'oeuvres Break in the Exhibit Areas

12:15 - 1:30 pm Plenary Session

Department of Health Update

Hear from representatives from the Division of Nursing Home and ICF/IID Surveillance, Office of Aging and Long Term Care on the agency's latest developments.

Stephanie E. Paton, RN, Director, Division of Nursing Home and ICF/IID Surveillance, Office of Aging & Long Term Care, Albany

Ashley Cokgoren, Deputy Director, Division of Nursing Home and ICF/IID Surveillance, Office of Aging & Long Term Care, Albany

Featured Speaker



Ingrid M. Provident, Ed.D, OTR/L, FAOTA, is a National Education Specialist, for Select Rehabilitation providing continuing education for over 14,000 therapists throughout the nation. Dr. Provident has held positions of Program coordinator, Academic Fieldwork Coordinator and Associate Professor at major Universities in Pittsburgh PA.

Dr. Provident is a highly engaging speaker who holds clinical degrees in Occupational Therapy and Educational Leadership. She has worked in multiple practice settings with the adult and geriatric populations. Ingrid has presented in more than 70 state, national and international venues as juried and invited speaker. Dr. Provident is trained in Mindfulness and has facilitated multiple presentations on wellness, communication, and health care. She is a published author and mentor with a passion for assisting in the development of professionals.

About Us

LeadingAge New York Mission Statement: To create the future of aging and continuing care services in New York State.

The conference is sponsored by the **Foundation for Long Term Care (FLTC)**, educational affiliate of LeadingAge New York.

Our national partner, **LeadingAge**, is an association of 6,000 not-for-profit organizations dedicated to expanding the possibilities for aging. Together, we advance policies, promote practices, and conduct research that supports, enables, and empowers people to live fully as they age.

Coming Educational Events - Save these dates



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2023 Recreation and Activities Professionals Webinar Series, Winter 2023

2024 Annual Conference and Exposition, May 20-22, The Saratoga Hilton and Saratoga Springs City Center, Saratoga Springs

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