

### **Jewish Senior *Life* Hosts Advance Care Planning Seminar**

Jewish Senior *Life* hosted its “Making Healthcare Decisions” seminar on Tuesday, April 12, in preparation for National Healthcare Decisions Day on Saturday, April 16. As part of the event, a panel of medical experts gathered at the Summit at Brighton to discuss the importance of advance care planning. Speakers included Dr. Marie Aydelotte, Chief Medical Officer at Jewish Senior *Life*; Anna Lynch, Managing Partner at Underberg & Kessler; and Marsha Raines, LMSC, Certified Care Manager at Marsha Raines & Associates.



In addition to providing an overview on health care decisions and their importance, Dr. Aydelotte explained the significance of advance directives and what people should consider when completing the Medical Orders for Life-Sustaining Treatment (MOLST) form.

“It was a very informative presentation that made me think more and more about my own health care decisions, and about moving to a senior living community like The Summit,” one attendee said.

At Jewish Senior *Life*, advance care planning begins upon admission to any community on campus. A team of private physicians works to educate residents and their families, requesting that they share copies of their completed plan, including a MOLST form in addition to the two main advance directives.

“As part of our commitment to person-centered care, we recognize that end-of-life care decisions are deeply personal. We work with each of our residents and their families to make sure they have a plan that meets the individual’s needs,” said Dr. Aydelotte.

Serving people of all faiths and ethnic backgrounds, Jewish Senior *Life* is guided by the values of honoring family; emphasizing aging in place; allowing people to remain in the place of their choice longer; and is the only local senior care provider to offer Life Care, a program which eliminates worries about unforeseen medical expenses throughout the full continuum of care.

Jewish Senior *Life* is accredited by CARF-CCAC and is a member of the Senior Health Alliance of Greater Rochester, Leading Age, and Leading Age New York. [www.jewishseniorlife.org](http://www.jewishseniorlife.org).