

Reducing Unintended Pregnancy by Increasing Access to Immediate Post-Partum and Post-Abortion Contraception

Managed Care Policy and Planning Meeting – 6/12/14

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Background

- 60% of pregnancies are unintended
- IUDs and Implants - 99% effective, safe, and can be used by most women
- Post-partum and post-abortion – key time to reach women
 - Times when women often don't want to be pregnant again; though a large proportion will have a repeat pregnancy that is unintended.
 - IUD can be inserted immediately post-partum and post-abortion
- Very few providers offer these options

Medicaid Policy Changes

Post-Partum Contraception

- **New Fee-For-Service Medicaid Policy**
Reimbursement for Long-Acting Reversible Contraception (LARC = IUDs and Contraceptive Implants) devices provided as an Inpatient Post-Partum Service – effective 4/1/14

Post-Abortion Contraception

- SPA submission to reimburse for provider procedure at time of abortion

**Providing Immediate Post-Partum and
Post-Abortion Contraception
Improves Health Outcomes
and Saves Money even when
Devices are Reimbursed at Cost**

Improving Outcomes and Saving \$

For every 1,000 women annually:

- **Post-partum Contraception**
 - 24 – 94 fewer unintended pregnancies
 - \$104,000 - \$412,000 cost savings
- **Post-abortion Contraception**
 - 120 fewer unintended pregnancies
 - \$450,000 cost savings

Reimbursement of Devices at Acquisition Cost

- The cost of the IUD and contraceptive implant is a major barrier to providers offering this option to women
- Adequate reimbursement is key to assuring that all women are offered the most effective contraceptive methods
- A “win-win” for women and health plans

NYC Health Department applauds the NYS DOH for implementing Medicaid Fee-For-Service reimbursement of post-partum IUDs and Implants

ALL insurance plans are urged to reimburse at the acquisition cost of all FDA-approved contraceptive methods, including IUDs and Implants

- Post-partum prior to hospital discharge
- Immediately post-abortion
- Any family planning visit

Discussion

- Are there remaining barriers to MCOs reimbursing contraceptives at cost?
- What are next steps?