



Methodist Home for Nursing & Rehabilitation

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“Senior Living Options” Community Event at Methodist Home for Nursing & Rehabilitation

The Methodist Home for Nursing & Rehabilitation held a community Lunch & Learn event: “Senior Living Options” on Thursday, January 19, 2016. Richard Russo, Certified Senior Advisor with Care Patrol, Fareeda Rahim, Life Guidance Director at the Atria Riverdale and Jenny Pourakis, LCSW, Homecare Consultant with Caring People, delivered a very informative presentation about different living alternatives that seniors have such as staying at home with home care services or moving to various types of residential communities. The panelists explained the differences between Independent Living, Assisted Living, Memory Care, CCRC, Short-Term Rehabilitation and Long Term Care as well as the benefits associated with each option.

The presentation was followed by a Q & A Session during which participants had the opportunity to ask questions and clarify their concerns. Immediately following the presentation, the participants took a tour of the Methodist Home and learned about all the programs and services the Home provides to short-term rehab and long-term care patients.

Founded in 1850, Methodist Home for Nursing & Rehabilitation is a non-sectarian, non-for profit residence located in Riverdale, NY. We cover a broad range of services including Stroke Rehabilitation, Orthopedic, Pulmonary, Cardiac, Trach Care, Wound Care, Bladder Training, and outpatient rehabilitation. Our reputable home is highly rated by CMS and staffed by well trained, professional clinicians. All our rooms are private and our physicians are affiliated with New York-Columbia Presbyterian Hospital and Montefiore Medical Center. For more information and to schedule a tour of the home, please contact the Admissions Department at (718) 732-7100. <http://www.methodisthome.org>

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Photos below (taken by Lourdes Santacruz – I don’t need photo credit):



From L to R: Fareeda Rahim, Life Guidance Director at the Atria Riverdale, Richard Russo, Certified Senior Advisor, Care Patrol and Jenny Pourakis, LCSW, Caring People.

