

ECP Training & Consulting Service Menu Options

An Overview: The ECP Approach

Exceptional Care Planning (ECP) is a streamlined approach to care planning that references evidence-based Standards of Care (SOC) established by the facility and then spells out in the care plan document the specific needs of the individual resident that supplement and/or differ from the SOC (i.e., “the exceptions”). SOC are the clinically accepted, customary treatment guidelines that are followed to address a certain type of illness or condition; they are based on the most currently available research and are further personalized by long term care facilities to align with their individual care procedures, staffing and population needs. By referring to SOC, an ECP care plan utilizes terminology consistent with the MDS assessment, thus improving consistency in the medical record as well as freeing up space in the care plan document to focus on resident’s limitations, strengths and goals. The care plan process is also transformed from an approach that uses a series of separate plans by each discipline (multidisciplinary) resulting in lengthy, repetitive care plans, to an integrated or interdisciplinary approach that creates a holistic, resident-specific plan of care. Learn more about how ECP addresses the top ranked deficiencies reported in all seven Department of Health regions by visiting LeadingAge NY’s website [here](#).

ECP Foundational Course – Initial or Refresher

A. Format: In-person, interactive training led by Senior ECP Trainer(s) with administrative and clinical staff representing all disciplines

- Homes have the option to schedule a regional training for several facilities in a common location
- 6-hour, 2 session course: Generally, 9am – 12pm, 1-4pm

B. Format: Online, interactive training led by Senior ECP Trainer(s) for staff needing a fundamentals refresher or who are new to ECP.

- Sample care plans and draft SOC submitted digitally by the nursing home’s ECP Implementation Team to Consultant for use in training.
- Generally 1.5 hour session(s)

Follow-up Consulting Options:

A. Format: Individual site visit by Senior ECP Trainer(s) to provide:

- Follow-up training and/or
- Review of SOC and ECP care plans developed

B. Format: Individual conference call (option for live webinar included) with Senior ECP Trainer(s) to offer feedback on:

- SOC digitally submitted by the nursing home’s ECP Implementation Team to Consultant
- Challenges/Concerns encountered thus far in implementation

To receive more information about scheduling ECP training/consulting, please contact Karen Choens (née Revitt) at 518-867-8385 extension 165 or email kchoens@leadingageny.org.