BEHAVIOR MANAGEMENT THROUGH NON-PHARMACOLOGICAL INTERVENTIONS:

Techniques and Strategies You Can Implement Today

Workshop Dates/Locations:
March 17 – Gurwin Jewish Nursing & Rehabilitation Center
April 20 – GreenField Health and Rehabilitation Center
April 21 – McHarrie Towne at Syracuse Home Association
Workshop Description
This one-day intensive workshop will address issues and updates on the current regulatory environment; review the revised CMS Interpretive Guidelines; address the assessment process and treatment plan for various types of dementia; identify effective verbal and non-verbal communication strategies, including behavior modules for disruptive behaviors; and focus on the value/benefits that therapeutic recreation and therapeutic activities provide.

Target Audience
Administrators, nurses, therapeutic recreation and other members of the interdisciplinary team

Agenda
8:30 – 9 a.m. Registration
9 – 10 a.m. Issues Related to Non-Pharmacological Interventions and Update on the Current Regulatory Environment
Discussion of recent survey findings related to recreation, behavior management and data related to the CMS initiative to reduce antipsychotics and the proposed dementia survey.
Presenter: Elliott Frost

10 – 10:15 a.m. Break
10:15 – 11:15 a.m. F309 – Quality of Care
Review of the revised CMS Interpretive Guidance related to managing behaviors in long term care. Discussion will focus on assessment and root cause analysis in determining the reasons for the behavior.
Presenter: Michelle Synakowski

11:15 a.m. – 12:15 p.m. The Assessment Process and Treatment Plan
Discussion of the assessment process and review of the causes and symptoms of various dementias.
Presenter: Karen Nash

12:15 – 1 p.m. Lunch

1 – 2:30 p.m. Dementia Related Behaviors
A. Overview of Therapeutic Recreation (TR) Services
   Discuss TR interventions for person-centered care under a biopsychosocial model.
B. Dementia-Related Behaviors
   Discuss how to understand behavior and the factors that influence behavior; including environmental factors. Review and identify possible risk factors that contribute to behaviors, differentiate physical non-aggressive and physical aggressive behaviors, and discuss appropriate interventions that can be utilized with residents. Determine how to recognize and quantify benefits to residents and the facility, as well as ways to monitor program effectiveness.
Presenter: Karen Nash

2:30 – 2:45 p.m. Break

2:45 – 3:45 p.m. Communication
A. Communication
   Discuss effective verbal and non-verbal communication strategies for staff working with residents with dementia.
B. Therapeutic Recreation Programs
   Discuss and identify specific therapeutic recreational programs that can be utilized to reduce behaviors and the use of antipsychotics.
Presenter: Karen Nash

3:45 – 4 p.m. Questions and Answers

(Continued)
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Speakers
Elliott Frost, LMSW
Senior Policy Analyst
LeadingAge New York, Latham

Michelle Synakowski, RN, LNHA
Director of ProCare, Senior Policy Analyst
LeadingAge New York, Latham

Karen Nash, MS, CTRS
Consultant
Douglaston

Additional Information
Registration Fee: LeadingAge New York Member: $169; Non-member: $199

Workshop Locations/Dates
Gurwin Jewish Nursing & Rehabilitation Center, Commack – Mar. 17
Click here to register.
Click here for directions.
Click here for local hotel accommodations.

GreenField Health and Rehabilitation Center, Lancaster – Apr. 20
Click here to register.
Click here for directions.
Click here for local hotel accommodations.

McHarrie Towne at Syracuse Home Association, Baldwinsville – Apr. 21
Click here to register.
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Accreditation: The Foundation for Long Term Care (educational affiliate of LeadingAge New York) is a certified sponsor of professional continuing education with the National Association of Boards of Examiners for Long Term Care Administrators (NAB). This program has been approved for a total of 5.5 hours of continuing education credits for nursing home administrators under its sponsor agreement with NAB/NCERS. State licensure boards, however, have final authority on the acceptance of individual courses. This program has been approved for .55 CEUs (5.5 hours) from the NYS Recreation and Park Society, Inc.

Payment must be received in full by the date of the workshop to ensure your entry.

Session Material: Program materials are only accessible on our website. Before the workshop, you will receive a link to the materials that you may download to your laptop or mobile device. Materials will remain on our website after the program for your reference.

Cancellations received five business days prior to the workshop are refundable, less a 25 percent administrative fee. After that, the fee will not be refunded. Cancellations must be sent in writing to Michelle Mahoney at mmahoney@leadingagency.org or fax: 518.867.8386. Those who register and do not comply with the cancellation policy will be billed. Substitutions are permitted.

Questions? Contact Michelle Mahoney at mmahoney@leadingagency.org or 518.867.8383, ext. 154.